The Canobolas Rural Technology High School

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Term 1 Issue 2
Friday 20th February 2015

SWIMMING CARNIVAL GALLERY

2015
From the Principal’s Desk

Dear Parents and Members of our School Community

Welcome to week 4. We have had a productive two weeks at The Canobolas Rural Technology High School. Our Year 7 students have settled into school well and we have begun to set the expectations for the year ahead. Since our last newsletter our school and students have been involved in a range of activities and programs. TAFE has started for many of our stage 5 and stage 6 students and our e2 collaboration has also begun successfully. I am determined to continue ensuring we have the highest expectations of our students across all aspects of school life and I will seek your support to ensure that this occurs. Our students are the reason our dedicated staff come to work each day and choose to be part of the most rewarding career we can have. As parents, it is essential that you become involved in your child’s learning and be an active participant in school based activities.

Last week saw the first P&C meeting for 2015. There was a small number of parents in attendance and I am hopeful that our P&C we can continue to grow. This committee is a very important way of gaining information about our school and the path we wish to take with our students learning. The next meeting will be held on 11th March at 6.30pm. If you would like to be a part of the P&C and learn more about our school please contact Keryn Percival on ikpercival@bigpond.com

On Wednesday evening we hosted a Year 7 parent and student BBQ with all of our Year 7 teachers and executive staff. Thankyou to those parents and students who attended the BBQ. I hope you enjoyed the relaxed atmosphere despite the inclement weather and had the opportunity to meet many of your child’s teachers.

**Canobolas High Performance Athletes Camp**
A huge congratulations to Mr Skein, Mrs Rose, Jade Warrendar and Norm Moore for the work that you achieved with our CHPA camp last week. I was delighted to be able to speak with our high performance squad last Friday to hear about the amazing programs which were run over the three days. We are looking forward to providing you with more information about the CHPA over the coming weeks.

**Homework Centre and Senior Study Afternoon**
Our senior study afternoons will commence next week and will continue each Thursday between 3.30pm and 5.00pm in the school library. All senior students are invited to come along and access our staff who will support students through assessments, homework, study skill advice and more.
Our homework centre will begin operating on Tuesdays beginning next week from 3.30pm – 5.00pm The homework centre will also operate form the library and will focus on supporting students with homework or with any assessment tasks which may be due.

**School Photos**
Our school photo day was held on Thursday this week. It was great to see so many students looking extremely well presented for their photos. We will keep you informed of progress of the photos however, they should be delivered before the end of term.
Primary School Roadshows
I would like to thank our partner primary schools (Bowen, Bletchington, Orange East, Glenroi and Orange Public School) for their support during our recent Roadshows. These days were a huge success and I am sure that if you have children attending these schools in Years 5 or 6 they would have spoken about this wonderful program. If you would like more information about our school please don’t hesitate to call myself or one of my senior executive staff. Alternatively, you may wish to attend our “open classroom” afternoon on 10th March.

Open Classroom Afternoon
On the 10th March 2015 our school will be holding an open classroom afternoon where parents of prospective students will have the opportunity to participate in a range of dynamic activities and ask questions about our school. If you know of any parent who has a child in Year 6 this year or you have children in Year 6 and would like to see some of our wonderful facilities, teaching staff and students, please come along and have a look at what we offer. The afternoon will run from 3.30pm until 5.30pm and parents will be able to access application for enrolment forms on the day. We will also have a range of scholarships available to support the educational provision for some students coming to our school in 2016. More details will be placed onto our school website in the near future. If you would like to visit our school with your child on 10th March please RSVP to the office on 63621677 or via our school email address which is canobolas-h.school@det.nsw.edu.au

Year 11 and 12 Parent Information Evening
On the 10th March we will be holding a parent information session for parents of all Year 11 and 12 students. Topics for discussion will include requirements of a senior student at TCRTHS, preparing for the HSC, patterns of study to gain an ATAR, access to tertiary scholarships and early entry to University as well as the Board of Studies requirements for successful completion of Year 11 and Year 12 studies. We would like all parents and their children to attend these sessions which will take place at 6.00pm – 7.00pm for Year 11 students and 7.00pm – 8.00pm for Year 12 students on 10th March 2015 in the health building. We will have representatives from each faculty, TAFE and our careers team present for this evening. If you would like further information please do not hesitate to contact myself, Ms Wootten or Mr Riles on 63621677.

Use of Bikes and Scooters
This year we have seen a dramatic increase in the number of students riding bikes or scooters to school. It is fantastic to see so many students engaging in physical activity and the school has built a storage facility for this equipment. Students MUST use the cage at the side of A Block in order to secure their equipment. If students are not willing to comply with these instructions, they will not be permitted to bring bikes, skateboards or scooters to school.

Year 10 Formal
I would like to reiterate that our school will not and does not approve of any end of year Formal celebrations for Year 10 students. All students are now required by legislation to be at school until the age of 17 or until they get a job or an apprenticeship. I have heard that some Year 10 students have started looking into ways that they can have a “Formal” at the end of the year. Our school will be actively deterring any event of this type and I would seek parental support to ensure that students in Year 10 understand that they graduate in Year 12 2017. I am more than happy to discuss any aspect of this decision with you if you wish. Please make a time with my administration staff by calling 63621677.

I trust that you have a great fortnight and I look forward to speaking with you again shortly.

With my warmest regards,

Chad Bliss
Principal
On Thursday the 12th of February Mrs Udy accompanied 4 students to the Western Region Swimming Carnival for students with a disability at Orange Aquatic Centre. All four students Myra Whiteley, Jesse Wenban-Murphy, Nicholas Shield and Siena Boland represented the school with great pride and effort in all of their nominated events, receiving a variety of ribbons for their excellent results. Jesse Wenban-Murphy was Intermediate Boys Champion and Siena Boland was Senior Girls Champion. Canobolas High School was definitely the school to beat. A huge congratulations to all four students! And a huge thank you to Mrs Udy for all her support.

Sarah Wright Year 7 recently won the World Championship in the Under 13 under 34kg Ju-jitsu Karate championships.

Great achievement for our school.
Beatboxing, drums and keyboards – Year 8 Music classes are learning the basics about sound and music this term while discovering music from around the world. The “Make Your Own Instrument” homework is due next week.

Mr Ron Wardrop is visiting classes with his unique didgeridoo to discuss and demonstrate Indigenous music.

Our choirs are combining to rehearse and record Mika’s Popular Song as our audition for NSW Schools Spectacular. VocE (combined choir) rehearses lunchtimes Thursdays with Miss Aldrick and Ms Samantha Bartholomeusz from Orange Regional Conservatorium. ViVox (Year 7 Vocal Group) are growing in confidence through the use of fun singing and rhythmic games.

**Extracurricular Music**

While our choirs are working hard on Thursdays, our newly formed Drum Group meets Monday lunchtimes. Other exciting new groups will begin soon. I ask that you express your interest in groups such as Guitar Group, Keyboard Group, Concert Band or others, via the Contact form on the Canobolas Music website at: https://sites.google.com/a/education.nsw.gov.au/canobolas-music/

**Competition continues**

The name the songs competition in the Canobolas Music article of the previous school newsletter remains unclaimed. Whilst there are some close entries, no entry has successfully named all songs and artists referred to in the article. Be sure to head to the Canobolas Music website to enter. https://sites.google.com/a/education.nsw.gov.au/canobolas-music/

**Star Performer**

Emma Klose (Year 7)
Emma has been at Western Region Band Camp this week. She worked with other students, musicians and teachers from around the region to improve her clarinet skills and concert band performance. Emma has been to these camps in previous years and she is hoping to continue attending the camps in her future high school years.

**Arts & Languages News**

Year 8 student Rhys Kelly's artwork, a pastel and watercolour drawing of a koala, received Highly Commended in the 12-13 year old section of the Orange City Council’s Australia Day Art Competition earlier this year. He won tickets to the Odeon Cinema and was presented with his prize on the School assembly on Thursday 19th February.

Mr Caulfield with his Teachers Certificate having completed his first twelve months as a permanent teacher with the DEC. Congratulations and welcome to the Art Staff and the profession.
Japanese Visitors

Dear Families,

The arrival of our Japanese visitors is nearly upon us and once again the school would like to encourage all families to take the opportunity to host a Japanese student for the duration of their stay in Orange.

This is a wonderful occasion for our students and their families to enjoy the cultural experience associated with hosting a student from Japan. It is also an opportunity for families to help our visitors experience the Australian way of life during their time in Orange.

Hosting is a great way for students to learn about the world and other cultures and provides them and their families with exchange memories that last a lifetime.

All host families will be provided with a calendar of events and activities planned for the visiting students during their stay in Orange.

The Japanese program’s success has largely been due to the continued support of our school community. To help ensure this important program continues well into the future we call upon your support to host one or more Japanese students during their stay. To register your interest please contact Vince Lovecchio on 6362 1677 or email vince.lovecchio@det.nsw.edu.au.

Home Economics News

Catering for Principals Induction Day

Our new Year 11 Hospitality: Commercial Cookery class participated in their first ever catering event on Thursday. They had the task of preparing and cooking morning tea and lunch for a Principals Induction Day held at Canobolas in the Health Building. Year 11 did a fantastic job preparing a variety of dishes including mini Thai chicken burgers, sausage rolls, a variety of wraps and fruit platters and they were supported by the Year 12 Hospitality Commercial Cookery class who kindly prepared the slices for morning tea. All students displayed great skills in communication, teamwork, food preparation, cooking and presentation skills. The Principal’s in attendance were all very impressed with the food items on offer and they thoroughly enjoyed their morning tea and lunch. Well done Year 11 Commercial Cookery and Mrs Buckerfield!

Roadshow Success

Ms Lynch, Mrs Shepherd and Mrs Nash all had the privilege of sharing our Skills and knowledge in Home Economics subjects, all the wonderful things we have on offer here at Canobolas, with our local feeder primary schools. Year 5 and 6 students from Bowen, Glenroi, Orange East, OPS and Bletchington all participated in a mini Textiles lesson where they learnt some basic sewing skills and made a keyring. It was great to meet so many students and we look forward to seeing them as Canobolas Year 7 students in the near future!
Welcome to 2015
Welcome back to the 2015 school year. The English faculty has planned many exciting programs for students that will be available through their regular English classes as well as many opportunities for students to extend and enhance their skills through a range of engaging extra curricular activities.

I would like to take this opportunity to ask all students and their families to check at home for English texts that may be lying around. As the school year comes to an end, it is easy to forget to return texts that have been borrowed. However, we still need them. If you find a book at home, simply return it to your new English teacher and they will sign it off for you.

In 2015 the English faculty is pleased to welcome Miss Hannah Lloyd to the team. Already Miss Lloyd’s passion and enthusiasm has been a great hit with her students. We are looking forward to the contributions she will make to the English faculty during her time at our school.

Meet the Team
Please feel free to contact any of the English faculty staff throughout the year to get information about your child’s progress. The names of the English faculty staff are listed below:

Mr Nicholas Williams – Head Teacher English
Mrs Lou Rose – Head Teacher Literacy
Mrs Maxine Jackson
Miss Hannah Lloyd
Miss Gemma Lord (Year 7 Adviser)
Miss Ashley Matilka (Year 10 Adviser)
Miss Amy Neve (SRC Coordinator)

In the English staffroom you can also find the Learning and Support Teachers:

Ms Susan Gottschall
Miss Samantha Hiscox (Year 9 Adviser)
Ms Alison Padroth

The READ Centre
In Week 5, the English faculty will launch The Read Centre. This centre is a fantastic new resource available to our students to improve their literacy skills and reading comprehension. Each class will access the centre once or twice a week to undertake individualised reading accompanied with exercises to develop their understanding of key English concepts which will help improve their basic literacy skills. The READ Centre will be open during our Open Classroom afternoon on the 10th March 2015 – come into the school and check it out!

The Premier’s Debating Challenge
Debating is a fantastic way to improve your public speaking and lateral thinking skills. It is also a great way to further your knowledge of the world and formulate and express your opinion about important issues in a coherent and logical way. Once again, The Canobolas Rural Technology High School has entered a number of teams in the Premier’s Debating Challenge. One team each has been entered in the Year 7&8, 9&10 and 11&12 competitions. If you are interested in being part of a debating squad for your respective year group, please speak to your English teacher.
**Poetry in the Park – Banjo Patterson Festival**
On Wednesday 11th February 2015, 7 Year 11 students performed pieces of Australian poetry at Poetry in the Park, part of Orange’s annual Banjo Patterson Festival. Laura Alexander, Paige Carter, Jessica Cooper, Mitchel McDonald, Jadzia Oakenfull, Max Pearce and Jessica Whan were outstanding representatives of our school, performing their poetry with conviction and feeling.

**English Assessment Tasks**

<table>
<thead>
<tr>
<th>WEEK</th>
<th>YEAR GROUP &amp; TASK</th>
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<tbody>
<tr>
<td>Week 5</td>
<td>Year 7 – Autobiografies</td>
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<td></td>
<td>Year 8 – Close Study of Text Presentations</td>
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<tr>
<td>Week 6</td>
<td>Year 10 – Film Review</td>
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<td></td>
<td>Year 12 – Area of Study “Discoveries” Folio of Work</td>
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<td>Week 7</td>
<td>Year 9 – Diary Entry</td>
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<td>Week 8</td>
<td></td>
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<tr>
<td>Week 9</td>
<td>Year 11 – Area of Study “Belonging” Folio of Work</td>
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<td>Week 10</td>
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Nicholas Williams
Head Teacher English
Welcome Mr Finlay!
Mr Finlay has joined us upon his return to Orange from Sydney in the Industrial Arts faculty. He brings a great deal of experience to our Engineering classes. It’s great to have Mr Finlay back at Canobolas and we wish him and his young family all the best on their return home.

Coding Club
This week we launched our Coding Club, a lunchtime activity for Year 7 and 8 students who have an interest in learning how computer games work. Students will work through activities developed by Google to learn about computer code through experimentation. Any student in Year 7 or 8 who would like to join come and see myself or Mr Kay in the B1 staffroom during breaks.

New Equipment
Recently we added two more 3D Printers to our makerspace in the B9 design room. These amazing machines allow student to realise their computer drawn creations through printing them out of ABS plastic, very useful for design projects in all subjects.

Another addition to our metal workshops is our new replacement magnetic sheet metal folder. Our last machine was damaged and needed to be replaced after repairs were not successful. This new machine has a larger capacity and added safety features like a foot switch.

Human Powered Vehicle (HPV) racing team update
Recently Mr Kay and I represented CRTHS at the Gnoo Blas car rally in Orange as representatives of HPV Racing NSW Inc. We had the chance to speak with many community members about HPV racing and the role of the upcoming CRTHS HPV racing team. Our order is in, so expect to see what a HPV racer looks like really soon!

Mr Scott
Head Teacher Technology
2015 Program Launched At CSU

HIGH PROFILE: Former Hockeyroo and Canobolas student Jade Warrender is a mentor of the program.

Students put through program’s first camp

By MATT FINDLAY

IT’S official - the Canobolas Rural Technology High School’s High Performance Athlete (CHPA) program is set to revolutionise school-based sporting regimes.

The program, designed to nurture the school’s elite and pre-elite level athletes with customised coaching, strength and conditioning, fitness testing and assessment, sports psychology and nutrition consultation, is thought to be the only one of its kind in the country, and kicked off with a three-day camp at CSU Bathurst last week.

“This camp was essentially a lot of pre-screening measures,” CHPA director Mark Skews said.

“From this, all the kids have been given programs tailor-made to their needs, and their chosen sport. They are basically prescriptive programs designed to reduce injury risk, and rectify any little things like muscle imbalances.

“The kids loved it, and bonded really well over the three days. But the most exciting part is that Frank Marino, head of CSU School of Human Movement (SHM), said he has seen programs like this in America, and Canada, but not here in Australia.

“Not even at the private schools, or sports high schools in the cities. We had no idea how big of a thing it really is.”

CHPA linked with CSU’s SHM to provide the 12 athletes in the program with base testing to determine their key strengths and weaknesses before the regime delves much deeper into their abilities.

ROPED IN: Kane Mitchell is put through his paces during a session with the Canobolas Rural Technology High School’s High Performance Athlete program.

Photo: MY ACTION IMAGES
Students tested

From back page

Particularly, the athletes underwent testing to determine maximum aerobic capacity, muscle strength and balance, body composition (skinfolds) and range of motion among other things, including the use of sports psychologists.

“It’s a very professional set-up,” Skein said.

“It’s about providing these athletes with everything those at the elite level have at their disposal. From here, the kids have been provided with their own programs to complete.

“They will also be doing weekly bootcamp and training sessions based around those programs. They are being provided with nutritional plans and advice.”

Skein also said the program embodies a quote from 2005 movie Coach Carter, “these (kids) are student athletes, student comes first”, in that the 18 strong group’s academic studies won’t be forsaken, with extra support given to each and every one to ensure their in-class results remain high.

“We will be taking these kids out of class at times,” Skein said.

“So we need to make sure we provide extra support for coursework, and academics to ensure these kids don’t fall behind, and continue to excel in the classroom.”

The program has also lured one of Canobolas’ highest profile alumni in former Hockeyroo Jade Warrender, who has signed on as a full-time mentor after transferring her studies to CSU Bathurst.

While the program remains relatively small, numbers-wise, in 2015, Skein said Canobolas’ plan is to expand, and continue to evolve the regime over several years.

“Canobolas High has committed to a three-year program, funding-wise,” he said.

“We’ll be calling for applications for the 2016 program later on in the year.”

www.centralwesterndaily.com.au
Just Keep Swimming- The Final Wrap Up

On Friday February 6th, 70 students attended the first Competitors Only Swimming Carnival held by Canobolas High School at the Orange Aquatic Centre. After adopting a Competitors Only approach, PDHPE staff called for students to pre-nominat events they would participate in, resulting in a high level of participation and support throughout the day. Parents and carers came to support our swimmers, and we even had a team building activity during the morning break. With Mr John Wilkins initiating a ‘stretch the swimming cap’ activity in the water, we managed to fit 3 students – Jayden Zegzula, Callan Naden and Trent Wilde – INSIDE THE CAP.

Records were established in every event, and for the first time in around 20 years (according to Mr Verhoeven) there was a 200m Relay, with a number of people giving the massive event their best shot. A huge congratulation goes to Courtney-Rose Munday, Dyson Percival and Shayleigh Wilkins for achieving the most individual points on the day by swimming in every single event for their age group, which included the 200m Medley, 200m Freestyle, 100m Freestyle and relays.

It was a successful day of sunshine and swimming, with lots of fun had by all our enthusiastic participants. Congratulations to all students who attended on the day – Canobolas had some fine representatives present on the day. A special mention and thank you to Mr Jim Finn, Mr Phil Verhoeven and Ms Keryn Percival, who volunteered their services for the day and helped the carnival be such a success. Without students volunteering to assist, the day would also have not been as successful. A big shout out to Georgia Kiel, Jack Lang, Nick Shield, Natasha Spicer, Jamie-Lee Palmer and Mac Reith-Snare for their assistance as time-keepers, runners and helpers on the day, as well as the ever entertaining Sam Palaki for commentating the relays at the conclusion of the day. And finally a HUGE thank you to Mrs Cat Buckerfield, Mrs Lou Rose, Mrs Amanda Hurford, Mr Mark Skein, and Mr Geoff Pelley for their enormous efforts in this major event.

House Points

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<thead>
<tr>
<th>Place</th>
<th>Element</th>
<th>Points</th>
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<tbody>
<tr>
<td>1st</td>
<td>Neutrons</td>
<td>1969</td>
</tr>
<tr>
<td>2nd</td>
<td>Protons</td>
<td>1116</td>
</tr>
<tr>
<td>3rd</td>
<td>Electrons</td>
<td>968</td>
</tr>
<tr>
<td>4th</td>
<td>Mesons</td>
<td>821</td>
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Congratulations to the following students who were voted by their peers as House Captains and House Vice-Captains for 2015. These students are deserving of this honour and in addition to supporting their peers at the Swimming Carnival, will be supporting their house at the Athletics Carnival on the Thursday the 1st of April, the last day of Term 1.

<table>
<thead>
<tr>
<th>House Captains</th>
<th>House Vice-Captains</th>
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<tbody>
<tr>
<td>Neutrons</td>
<td></td>
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<tr>
<td>Sam Palaki</td>
<td>Max Pearce</td>
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<tr>
<td>Emily Melnik</td>
<td>Caitlin Masila</td>
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<tr>
<td>Mesons</td>
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<tr>
<td>Sean Howell</td>
<td>Aiden Kelly</td>
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<tr>
<td>Madeleine Gogala</td>
<td>Georgia Kiel</td>
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<tr>
<td>Electrons</td>
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<tr>
<td>Will Christopherson</td>
<td>Cody Astill</td>
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<tr>
<td>Samantha Coppock</td>
<td>Jessica Coopers</td>
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<tr>
<td>Protons</td>
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<tr>
<td>Nicholas Shield</td>
<td>Blayde Wilson</td>
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<tr>
<td>Sara-Grace Turner</td>
<td>Brianne Wise</td>
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PDHPE Assessment Reminders
Many of the PDHPE classes across the years are currently working on assessable items both in class and at home.

A reminder that if your child does not complete an assessment task and hand it in on time for marking, it will affect the overall grade awarded for PDHPE. This grade also has a practical effort, attitude and participation mark for lessons where students participate in practical games, sports and various physical activities. Please note that this component of the course is compulsory and students may only be excused from these classes with a medical note during the time of injury recovery.

Current PDHPE Tasks-

<table>
<thead>
<tr>
<th>Task</th>
<th>Due</th>
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<tbody>
<tr>
<td>Yr 7 PDHPE Sense of Self Newspaper Task</td>
<td>February 27</td>
</tr>
<tr>
<td>Yr 8 PDHPE Study First Aid for upcoming test</td>
<td>End of term</td>
</tr>
<tr>
<td>Yr 9 PDHPE Mental Health Task</td>
<td>Yet to be handed out</td>
</tr>
<tr>
<td>Yr 9 Dance Intro to Dance</td>
<td>March 30</td>
</tr>
<tr>
<td>Yr 10 PDHPE Smart Party Plan</td>
<td>March 30</td>
</tr>
<tr>
<td>Yr 10 Dance Jazz Dance</td>
<td>March 31</td>
</tr>
<tr>
<td>Yr 11 PDHPE Core 1 Task</td>
<td>March 27</td>
</tr>
<tr>
<td>Yr 11 Dance Performance</td>
<td>March 27</td>
</tr>
</tbody>
</table>

#Please check the table above for your class- just about every PDHPE student should have a task or study to do.

School Team Sports
This time of year is a very busy time for sporting teams and coaches. There are a number of sports being played in the next 6 weeks before the end of term. Listen carefully to notices in roll call and join Canobolas High School PDHPE on Facebook for the latest information. Nominations for sporting teams are on the PDHPE Notice Board. Good luck to the teams competing in the next couple of weeks. Stay tuned for results and photos.

Mr Skein
Head Teacher PDHPE
**Canteen News**

A number of weekly specials will operate this term as well as our regular menu. These MUST BE ORDERED before school or at recess. A price list is included in this newsletter.

Lunch specials run each Thursday and Friday and represent great value at only $5.00 each
- **Week 4** – Cheese burger, coke and surprise (red day)
- **Week 5** – Mini spring rolls, sweet and sour sauce, fried rice
- **Week 6** – Nachos supreme (taco mince, corn chips, cheese and light sour cream) with small drink
- **Week 7** – Hamburger and small drink
- **Week 8** – Slice of pizza, garlic bread and small drink
- **Week 9** – Fish cocktails, chips and drink
- **Week 10** – Chiko roll small drink

Recess specials are available each Tuesday and Wednesday for $2.20 each
- **Week 4** – Bread roll with melted cheese
- **Week 5** – Pizza muffins
- **Week 6** – Party pies
- **Week 7** – Puff sausage dogs
- **Week 8** – Muffin with vegemite and melted cheese
- **Week 9** – Pasta twirls with tomato pasta sauce and cheese
- **Week 10** – Party sausage rolls

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**Support**

*We Need Your Support*

**Sunday 29th March**

Robin Hood Hotel Orange

**Team Janine**

Starting from 1pm come & support

Four lovely ladies will be shaving their gorgeous hair for Charity

For More Information or Donations please contact BH 02 6369 0274 or AH 0455 296 198
Dear Families,

The Canobolas Rural Technology High School is proud of its successful Japanese Student Exchange Program and highly values its close relationship with Toyo Ushiku High School in Japan.

A group of 17 students and two teaching staff will be visiting our school on March 10th 2015, and once again, our students and their families have the wonderful opportunity to welcome a guest into their home.

This is a fantastic opportunity for families to experience students from our Sister School in Ushiku Japan and to help your guest/s to take part in real life experiences during their time Australia. All host families will be provided with a calendar of events and activities planned for the visiting students during their stay in Orange.

This visit is part of the Sister City Program between the cities of Ushiku and Orange, and its success has been due to the continued support of our school community.

If you are interested in hosting one or more of the visiting students please contact Vince Lovecchio on 6362 1677 or send email to vince.lovecchio@det.nsw.edu.au. Due to the popularity of the program, it is advised that you inform the school of your interest as soon as possible to avoid any disappointment.
# CRTHS Canteen Price List 2015

## SANDWICHES
(must be ordered)
- Cheese $3.00
- Tomato $3.00
- Ham $3.50
- Corned Beef $3.50
- Chicken $3.50
- Salad $4.00
- Chick & Salad $5.00
- Toasted (extra) $0.40
- Ea. Extra filling $0.20

## SNACKS
- Red Rock Chips $2.00
- Small Chips $1.00
- Cough Lollies $1.60

## HOT FOOD
- Pies – Plain $3.50
- Chicken $3.50
- Cheese & bacon $3.50
- Potato $3.50
- Sausage Rolls $3.00

(All pies and sausage rolls with sauce)
- Nobbies Egg & Bacon Muffin $3.00
- Nacho’s $2.50
- Chicken Burger $4.00
- Chicken & Gravy Roll $4.00
- Pizza Rounders $2.50

## MEAL DEALS
$10.00 each
(must be ordered)
- Fish, Chips & Salad
- Hamburger, Chips & sm. Drink
- Cheeseburger, chips & sm. Drink
- Pie, Chips & Gravy & sm. Drink

## WRAPS
(must be ordered)
- Salad $4.50
- Salad & Meat $5.00

## SALADS
- Salad in container $4.50
- Salad & Meat in container $5.00

## AVAILABLE AT RECESS ONLY
- Muffins
- Cheese and Pineapple $1.20
- Ham and Cheese $1.20

## MUST BE ORDERED
- Lasagne $4.00
- Spaghettii $4.00
- Potato Bake $4.00
- Tuna Bake $4.00
- Hot Tenderloin Wrap $3.50
- Cheeseburger $3.50
- Hamburger $5.00
- Garlic Bread $1.00
- Wedges $4.00
- *served with sour cream & chilli sauce

## DRINKS
- Milk – Large $3.50
- Small $2.50
- Juice – Large $3.00
- Medium $2.50
- Small $1.50
- Water – Large $2.50
- Small $1.50
- LOL Drinks $2.00

- Chips – per bucket $4.00
- Fried Rice $3.50