Harvest Season!

Corn Harvest at the Farm!

Because of the hard work of 2014’s Year 7, 8 and 9 Ag students, we have returned to school this year to find a bumper crop of corn! Year 9 students raised most of the corn in the shade house before planting out at the end of last year, and this has ensured the success of our crop, with every plant producing 2-3 very tasty cobs. We will make sure we use this method again this, and have also decided to increase our crop as it has done so well.

After the students harvested our crop, the Year 10 class treated Miss Wootten, Mr Riles and Mr Bliss to the first taste test and received a big thumbs up.

The remainder of the crop has been sold by Miss Hallett to the Agrestic Grocer, who has been happy to help us sell our produce in the past when we had large volumes to move. Check out their facebook page to see more photos of the students harvesting our corn, or even go in and buy some for you and your family to try – it’s delicious!
Dear Parents and Members of our School Community

I would like to welcome each and every one of our families back for another exciting year at The Canobolas Rural Technology High School. I would also like to take this opportunity to welcome the new families and students to our wonderful school.

Canobolas High School is a school of quality teaching and learning and we pride ourselves on striving to achieve excellence in all that we do. It is these values that we will aim to instil in each of our students throughout the year so that they may continue to grow as individuals and add value to our school and school community.

In 2015 we have several new members of the teaching staff.
I would like to welcome to our school Ms Laura Sealy into the PDHPE faculty, Mr Scott Sullivan into Special Education, Ms Hannah Lloyd into English, Mr Peter Finlay into Industrial Arts and Mrs Angela Barlow as a School Learning and Support Officer.
Over the holidays, Ms Ammie Hourigan gave birth to a little baby girl, Zsa Zsa. Both Ms Hourigan and bub are doing well.

I would like to emphasise that I have very high expectations of all of our staff and students and these expectations are not limited to the classroom. It is essential that Canobolas High School is recognised across the region and the state for the wonderful programs, the quality of our teaching, the academic success of our students, the behaviour of our students and the other fantastic opportunities that our school offers to improve learning for your children. This can only be done if we expect the very best in all that we do.

We will continue to provide a newsletter to each family on a Friday afternoon, in Weeks 2, 4, 6, 8 and 10 via Facebook (The Canobolas Rural Technology High School-NSW DEC), our school website (http://www.canobolas-h.schools.nsw.edu.au/) and via email (if you have not yet provided your email address please call the front office). For a short period of time, we will still be printing a small number of newsletters and families who do not have access to the internet are invited to access a newsletter in print. Please ensure you ask your child for the newsletter or have a look online each fortnight. It is a great way to stay informed about the school, see the wonderful achievements of our students and staff and keep in touch with our school community.

I look forward to working with and riding the educational train with you and your children in 2015 and beyond. You can contact me on 63621677 during school hours or via email on chad.bliss@det.nsw.edu.au at anytime.

I have an enormous amount of information for you in this week’s newsletter. Please do not feel bombarded. However, it is important that you have access to all of this information.
If you would like to discuss any aspect of this newsletter please feel free to make an appointment through the front office to speak with me.
Welcome back to 2015. It is with your support that we will continue to grow our truly amazing school
Welfare and Discipline Policy
All students are taught each aspect of the school’s welfare and discipline policy at the beginning of the school year. This policy document is a guide as to how the school will deal with incidents of welfare and discipline and merit. A full copy of the Welfare and Discipline policy is on our school website. A reminder that if you have an issue at anytime with something relating to your child please speak with your child’s teacher by making a phone or in person appointment. If you feel that the situation has not been resolved you have the right to contact your child’s Head Teacher for the subject concerned or the Deputy Principals, Mr Riles or Ms Wootten. If you still feel that your issue has not been resolved please phone the school on 63621677 and make an appointment to speak with Mr Bliss.

School Uniform
Canobolas High school is a uniform wearing school and this decision has been supported by our school P&C. All students are expected to be in full school uniform each day and full sports uniform on sports days. This includes black leather school shoes. If you have difficulty purchasing any item of school uniform for any reason please make an appointment to see Mr Bliss. Our school prides itself on how our students look and Mr Bliss is happy to speak with any parent or caregiver about this. As you are aware, we have changed our senior school uniform this year. Our suppliers have had some difficulty with the senior girls skirt. These issues will be rectified over the next week. If you would like to purchase a senior uniform, please speak with Orange Clothing Company or Kingfisher Clothing who will assist you. I expect that all senior students have transitioned to the new senior uniform by the end of week 4 (20th February). Below is a copy of our uniform items for your information.

<table>
<thead>
<tr>
<th>Girls Uniform</th>
<th>Boys Uniform</th>
</tr>
</thead>
<tbody>
<tr>
<td>White collared shirt</td>
<td>White collared shirt (polos allowed for junior students only)</td>
</tr>
<tr>
<td>Bottle green pleated skirt OR black tailored pants (junior)</td>
<td>Grey Shorts OR trousers</td>
</tr>
<tr>
<td>Bottle green check pleated skirt OR black tailored pants (senior)</td>
<td>Grey or White socks</td>
</tr>
<tr>
<td>White socks OR black stockings (worn with skirt)</td>
<td>Black enclosed leather shoes *</td>
</tr>
<tr>
<td>Black enclosed leather shoes*</td>
<td>Bottle green and white stripe tie (junior) – optional</td>
</tr>
<tr>
<td>Bottle green and white stripe tie (junior) – optional</td>
<td>Green check tie (senior only) – optional</td>
</tr>
<tr>
<td>Green check tie (senior only) – optional</td>
<td>Formal uniform – school blazer and tie</td>
</tr>
<tr>
<td>*Formal uniform – school blazer and tie</td>
<td>SRC executive formal uniform – black tailored trousers, school blazer and tie</td>
</tr>
<tr>
<td>Bottle green polar fleece jumper with school emblem/bottle green knitted jumper or bottle green hoody with school emblem or bottle green/white school jacket.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Black or plain green coat or parka or suitable plain waterproof coat.</td>
</tr>
</tbody>
</table>

SPORTS UNIFORM
For juniors to wear only on Wednesdays for junior sport or to be carried in bag to school to be changed into for PE/SPORT/PASS/SLR lessons. Students MUST change into regular uniform following these lessons.

<table>
<thead>
<tr>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bottle green and black shorts OR tracksuit pants</td>
<td>Bottle green and black shorts OR tracksuit pants</td>
</tr>
<tr>
<td>Bottle green and black polo shirt</td>
<td>Bottle green and black polo shirt</td>
</tr>
<tr>
<td>White or black socks</td>
<td>White or black socks</td>
</tr>
<tr>
<td>Sports shoes (no canvas)</td>
<td>Sports shoes (no canvas)</td>
</tr>
</tbody>
</table>

CAPS
In keeping with the school’s SUNSAFE policy, students are encouraged to protect their skin by wearing caps. These are for outdoor wear and must be removed when entering classrooms or the school assembly.

P&C Meeting
I would like to invite all interested parents and community members to attend our first P&C meeting for 2015. The meeting will be held in the administration building at 6.30pm on Wednesday 11th February. This is your opportunity to become involved in our school and have your say in what priorities you see for our school.
**Attendance at School**

You may be aware that from January 2010 the NSW Government legislated an increase in the school leaving age for students from 15 years to 17 years. This means that if your child is not 17 and is not in full time work or other tertiary study, they MUST attend school. Our school will be working closely with Mr Lyndon Mariott (careers adviser) and our Deputy Principals to ensure that we are able to cater for the needs of all students.

The Government and the Department of Education and Communities have also recently reviewed a number of child protection initiatives. Attendance at school was one of these. If your child is absent for any reason, it is essential that you contact the school and provide notification of the child’s absence in writing on the first day your child returns. Our school will take very seriously unexplained absences. If students are genuinely ill or have some other genuine reason for not being able to attend school, then the school will support you at all times. However, it is the parents/caregivers responsibility to ensure that their children attend school everyday.

**Lunch Passes**

Students may not leave the school grounds at any time unless they are picked up and signed out by a parent or caregiver. Work, Health and Safety legislation states that we have a duty of care for all of our students and we are unable to provide this care if students are not on the school premises. Our school canteen is open 5 days per week for recess and lunch. Our canteen manager has a menu to cater for all students. If this poses an issue for any family, please speak with Mr Bliss.

**Aggressive Behaviour**

May I remind each of our families that aggressive, insolent, violent or bullying behaviour of any kind WILL NOT be tolerated. Every student and staff member who comes to or teaches in our school has the right to do so in a safe, respectful and supportive environment. Please remind your child of the high expectations I have for all stakeholders within our community. I will relay the same message each day when I speak to our students and our staff.

**Senior Study Afternoons**

Beginning Thursday 19th February, the library will be opened between 3.30pm and 5.00pm for our senior study afternoons. This is a great opportunity for senior students to access teaching staff and resources designed to support educational opportunities for all of our students. Students will be able to access all of the resources in the library during this time and I would encourage your child to attend these study sessions.

**Senior Study Lessons**

Many of our senior students do not have face to face classes on a Wednesday as they attend TAFE. If senior students do not have face to face classes on a Wednesday then they are to either utilise the Learning Centre at school for private study or study off site. The same applies for senior students who do not have face to face classes either period 1 or period 6 each day. Students should be utilising the Learning Centre in A Block or studying off site during these times. All students need to ensure they are at school and attending each face to face period.

I hope you have a great fortnight and I look forward to speaking with you in week four.

With my warmest regards,

Chad Bliss
Principal
Appropriate footwear in practical classes

As you may already be aware, many students are attending specialist practical lessons with footwear that does not meet the minimum standards for safety as set out by the Department of Education. As a school it is our responsibility to adhere to the Department’s guidelines and ensure the safety of students at all times:

“Footwear is an important safety item. Good soles provide a sound grip on the floor preventing accidents from occurring. Footwear can also protect feet from mechanical or chemical damage. It is mandatory that students carrying out practical activities using chemicals or equipment in schools wear enclosed leather footwear. Sandals, open footwear or high heeled shoes must not be worn in workshop areas or laboratories.”

Chemical Safety in Schools (1.9.1.6)

Appropriate footwear for a practical lesson as stated in the school uniform policy is closed in black leather shoes. ‘Closed in’ means that they should have a leather upper and leather tongue. This helps protect the feet from accidental spillages of boiling liquid, chemicals and /or sharp pieces of equipment. This policy has been agreed on and supported by the Parents and Citizens Organisation, the Student Representative Council and the staff. Providing safe learning opportunities to each and every student is of the upmost importance to us at TCRTHS.

Inappropriate footwear includes canvas or fabric shoes, thongs, sandals, ugg boots, high heels and ballet flats that do not cover the top of the foot. These types of shoes do not protect students’ feet in practical lessons that are undertaken in the subjects including:

Construction, Metal and Engineering, all Industrial Technology, Hospitality, Technology (Mandatory), Design and Technology, Food Technology, Textiles Technology, Science, Biology, Chemistry and Art.

If your child attends a practical lesson wearing inappropriate footwear, for their own safety, they will be provided with alternative theory based learning activities. Where possible we may be able to provide alternative footwear for the duration of the lesson. This will be dependent on sizing and availability as we currently only have a small stock of practical loan shoes. On loan footwear is the property of the school and will be cleaned with disinfectant spray after each use. Students’ will need to provide their own socks.

Should you have difficulty in purchasing the required footwear, or any other aspect of the school uniform, please contact the school. Assistance may be available to help with the purchase of uniform items if needed.

Thank you for your support in adhering to the Department’s safety standard guidelines and our school’s uniform policy.

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School Photos Are Now Available
For Secure Online Purchase

4 Easy Steps to Online School Photo Ordering

Step 1: Go to www.advancedlife.com.au before photo day and enter your school code 2Y1 41Q 261
Step 2: Enter your student’s details.
Step 3: Choose the package that best suits your needs (all orders will be returned to the school for collection).
Step 4: Pay for the photos via the shopping cart (upper right corner of the page).

Please note: LATE FEES will apply once orders are closed | Family/Sibling photo orders online close 48 hours before the first school photo day however they can be purchased using an envelope up until photo day.
5 February 2015

Dear Parents/Caregivers

**2015 SCHOOL PHOTOGRAPHS**

Advanced Life Photographers will be at school on **Thursday 19th February 2015**, to take individual and group photos. Details are provided below and on the accompanying photo envelope and flyer inside the photo envelope.

**On photo day every student buying photos must have their own sealed photo envelope even if payment is in another family member’s envelope.**

Parents who place their order online do not need to return the order envelope. **Sibling Photos can be ordered online also.** Online orders for Sibling/Family Photos will be cut off 48hrs before photo day, you can still make a usual payment with money/cheque enclosed in the envelope if you miss the cut off date.

Instructions on how to purchase your school photos are on the photo envelope and the enclosed flyer.

Sibling photo envelopes are only available to children attending this school i.e. no parents, babies, etc. They are available from the front office at school. These photos will be taken at lunchtime in the school hall. The photographers have indicated they can take up to three students in these photos. They will extend the use of Sibling photo envelopes to friends groups of up to three students.

**All cash and cheques and money orders should be sealed in the photo envelope provided and brought to school ONLY on school photo day, Thursday 19th February. They are to be handed directly to the photographer, before the photos are taken. Please ensure the correct amount is enclosed in the photo envelope, as the school canteen, front office and photographer will NOT provide change on the day. Promises to pay later are not accepted. Students absent on Photo Day will only be able to order their Year group photo. An extra fee is charged for any late orders.**

Full school uniform should be worn on the day. Year 12 students are asked to wear a collared white shirt (not a polo shirt), as they are photographed with tie and blazer. These last two items will be provided by the school if necessary.

All students have their school photo taken to be part of the year group photo. As in the past, school photos will be published in school publications, displays and local newspapers. Any parent or caregiver who does not want their child’s school photo taken and published with their name, is asked to write a note stating this and hand it to the school office before school photo day.

If you have any further enquiries concerning school photos, please contact Mr Marriott at school on (02) 6362 1677.

Mr L Marriott  
Co-ordinator  
School Photographs

Mr C Bliss  
Principal
What’s on in the Labs??

I’m glad you asked!

**Year 7** are on fire learning how to safely use Bunsen Burners and conduct experiments. It might not be a hot summer but take my word for it, its boiling in some of the labs.

**Year 8** are getting stuck into body systems, exploring live at the cellular level then moving onto the respiratory, circulatory and excretory systems. Life Be in it!

**Year 9** are experiencing some light bulb moments and are really amping things up. They are learning about electricity and how to draw and construct electrical circuits. The results so far have been SHOCKING!! Did I say that? Really!

**Year 10** well no jokes here as Year 10 are studying reproduction and DNA. Ssshh I like my job. Year 10 are understanding how our bodies work and investigating genetic diseases and human traits. This topic seems to have engaged Year 10 somewhat.. Mmmmm

**Yr11 Biology** students are living it up preparing for their upcoming Field trip and Investigation to Mt Canobolas on the 20th of February.

**Year 11 Chemistry** students are preparing to separate…. mixtures that is, learning about the different chemical techniques used in the lab and industry. I hope their separation problems don’t get compounded!

**Year 11 Physics** students have really brightened up as they explore the nature and uses of electromagnetic waves. Could be useful at the cricket?

**Year 12 Biology** students are evolving into a great group as they explore evolution, Charles Darwin style! No Lamarck’s here please!

**Year12 Chemistry** are taken things to a whole new level. Some students even seem to be glowing as they study Nuclear radiation. Hopefully not Homer Simpson style!

**Year 12 Senior Science** has simply gone bionic. Super human or super students? They are into Medical Bionics and seem to have a real heart for it!

**Year 12 Physics** do I feel an old Olivia Newton-John song coming on here? No OK, they are experimenting with projectile motion and going great!

**STOP PRESS:** some exciting ESSA news (Essential Secondary Science Assessment - an external assessment for all Science students) The AcTal students at Canobolas achieved an average score well above the state!! You clever, clever students WELL DONE!!!

So the BIG question is .. what is Science all about! Finding things out of course! Having fun and being CURIOUS!

Have a nice day! 
From the Science team.
HSIE News

We are proud to announce that two of our students, Jessica Whan and Mitchel McDonald, have been chosen to be members of the YMCA Youth Parliament for 2015. This is a great privilege which shows the dedication these students show to social and community issues.

They will be representing the interests of our community and developing their skills in debating legislation for causes that are important to them and to our community. Jessica will be on the Committee investigating Women’s Affairs, and Mitchel will be on the Committee investigating Citizenship and Communities.

They will undertake a variety of intensive training days and will be expected to read and respond to briefs and emails, as well as develop their analysis, debating and reasoning skills. The final Bills and Reports will be presented on the floor of Parliament House, Sydney.

Congratulations Mitchel and Jessica!

YEAR ADVISERS WELCOME

What a great start to the school year! Congratulations to Year 7 and the way they have slotted into our school system with ease and growing confidence. They have displayed maturity and eagerness in each of their new experiences – I couldn’t be more proud of them.

On their first day I asked them to promise me 3 things they will attempt over the coming weeks which I am sure you too will encourage and discuss with them. They are:

1. Be yourself! Be true to who you are and what you believe in!
2. Have a go! Make sure you try your hand at everything! You are not ever expected to be an expert at everything, just a student who is willing to try!
3. Ask plenty of questions! Whether it is about where a room is, what you are learning about or when something is due!

It was fantastic to see so much support by parents and carers on Year 7’s first day of High School. I am looking forward to continued communication with you all to ensure strong links between home and school.

I would like to take this moment to invite you to a Welcome to Year 7 BBQ on Wednesday 18th February to be held at the front of the school. It will grant you the opportunity to meet your child’s teachers and look around the school. I hope you can attend this great event.

If you have any questions or concerns about your child, please don’t hesitate to contact me through the school. The best time to contact me is recess or lunch any day, but I can be contacted by email at any time:

jemma.kenneally@det.nsw.edu.au

Jemma Kenneally

YEAR 7 CAMP

It is with great regret I inform you that year 7 camp for 2015 has been cancelled. Due to a lack of interest it is not viable to run for such a small number of students. In place of the camp, students will take part in a development day later in the term which will assist in developing a variety of personal skills. Parents and carers who paid a deposit on the camp can contact the office to discuss a refund.

Jemma Kenneally
Welcome to 2015! Already new books have arrived and been added to the collection.

Gallipoli is an important topic this year, especially so for our school which has been invited to send four students to the 100\textsuperscript{th} anniversary of the landing. Two of the new books relate to Gallipoli. \textit{And the Band Played Waltzing Matilda} is an emotive picture book, a first person narrative of a young swagman sent to Gallipoli in 1915, the injuries he sustained and the disillusionment he felt on his return without so many of his mates. The text, the lyrics of Eric Bogle’s protest song, written in 1971, explores the futility of war with haunting power. It is an iconic song about Gallipoli and Bruce Whatley’s evocative illustrations bring a heart-wrenching reality to the event, as something “worse than dying” happens: both of the narrator’s legs are blown off. The atmospheric ink and acrylic wash illustrations combine with the lyrics to immerse the reader in the reality of war.

\textit{Gallipoli: the Landing} is a graphic novel which takes the events of 25 April 1915 and presents them in a full-colour comic, both action-packed and historically accurate, which bring the ANZAC legend to life. Rather than a botched attack planned by indifferent British generals, the Gallipoli campaign was carefully thought out and included an amphibious attack on the beaches by ANZAC officers. This book by Hugh Dolan and Mal Gardiner bring the real story to life and detail both sides of the fighting, both Allied and Turkish. The bravery, tenacity and heroism which gave rise to the ANZAC legend can be fully appreciated by the reader of this graphic novel.

Deborah Ellis is a popular author, many having read the \textit{Parvana} series of books. Her newest novel, \textit{Moon at Nine}, is set in Iran and based on interviews with a young woman forced to flee because of her sexual orientation. Fifteen-year-old Farrin has many secrets. Although she goes to a school for gifted girls in Tehran, as the daughter of aristocratic parents, Farrin must keep a low profile as ever since the Shah was overthrown, the conservative religious government controls all aspects of life in Iran. When Farrin meets Sadira, her life changes when their friendship blossoms into romance. It is against the law to be gay in Iran: the punishment is death. Despite trying to keep their love secret, they are found out and arrested. Based on real-life events, this new book is a tense and riveting story about a world where homosexuality is considered so abhorrent that it is punishable by death. Looking at the moon at nine each night from their respective locations is the only connection the girls can make.

\textit{A Small Madness} by Dianne Touchell deals with the issue of teenage pregnancy. Rose and Michael are in love. They’ve been dating for ages and are in their final year of high school. He’s going to be a doctor and she is going to be an actress. These characters, for all their bad deeds and mistakes, are portrayed with tenderness. Touchell asks readers to be sympathetic to a dark deed and the fallible people who commit it and asks the question: “Does doing something monstrous make you a monster?” Readers have the opportunity to view the situation from two points of view and make up their own minds.

Seventeen –year-old Delilah drops out of school after her romance with a straight girl goes sour, only to get stuck running her dad’s struggling café while he is travelling overseas. Only her best friend Charlie knows how she feels about Rosa, who dances flamenco at the tapas bar across the road. Charlie has serious problems of his own when his plan to win an older woman’s heart goes horribly wrong and gaol becomes a distinct possibility. All this leaves Del grappling with some serious issues. Is it all right to break the law to help a friend? How can a girl tell another girl she likes her without it ending in humiliation and heartbreak? \textit{The Flywheel} is a sensitive exploration of the diversity of love and sexuality in young people’s lives, written by Erin Gough.
Eat the Sky, Drink the Ocean is a collection of graphic stories, a playscript and ten short stories that deal with the problems of being female. Be transported to dystopian cities and alternative universes. Hang out with unicorns, cyborgs and pixies. Learn how to waltz in outer space. Be amazed by a fairytale with an unexpected twist and a futuristic take on a TV cooking show. There is even a Shakespearean spin off where this time Ophelia has a much greater voice. This is a book about the desire to have and do impossible things, especially things that girls aren’t meant to do. Contributors come from both India and Australia and share stories that cross boundaries.

Nella waits for the swallows by the creek each spring. It’s a secret vigil she has followed ever since her father left. Nella idolises her father, but perhaps he is not as wonderful as she thinks he is. For the Forest of a Bird by Sue Saliba is a novel about love and the things you can and can’t change. Can we ever return to the way things were? Nella’s father falls ill and the events that follow rock her world and challenge everything she believed was true and threatens everything she wants to happen. Nella goes on a search for the truth, travelling to Phillip Island where her father moved after he left. There she must face a new reality and things that she cannot change. For the Forest of a Bird is a moving novel about family relationships.

All her life, Bea has wanted nothing more than to earn the coveted ink of a Dread warrior, a mark of distinction among her people, as a sniper on the wall. One day the Ereblii will break through and destroy the only human city left in the world. In the post-apocalyptic city citizens are rewarded with ink – incredible fluid shapes that flow just beneath the skin. Not every person is worth ink and these less desirable people live in the dump known as the Unwanteds. Everything Bea thinks she knows is about to be challenged. What does the ink really do as it flows beneath their skin? Who is the mysterious Unwanted boy who keeps appearing in her life? Read Unwanted by Amanda Holohan and explore why it is beneficial for a government to have total control over its citizens and how the desire for status stops people from behaving in a humane way. This dystopian novel raises interesting questions for the reader to consider.

Come to the library and explore these and other popular books. The library is open before school on Tuesday, Wednesday and Friday as well as lunchtimes and most recesses. Everyone is welcome.

Uniform

Bernadette Robinson
Orange Clothing Company Pty. Ltd.
33-35 Sale St.
Orange NSW 2800
www.orangeclothing.com.au
(02) 6362 8572
(02) 6362 3097
The 2015 school year is off to a flying start at Canobolas High.

The new Year 7 art students have settled into their classes and are creatively working on their portfolio folders where they will store their work over the next year. They are experimenting with graphic design elements to produce vibrant and interesting work on the folders. Already we have seen some strong talent amongst the students. Along with Mr Pelley, Mr Caulfield and Ms Lindsay, we welcome Mrs Hawke, Ms Matilka and Ms Kenneally to the art teaching faculty.

Year 8 elective ceramics students are developing their hand building skills and have created a signature stamp in clay that will be used to initial each of the pots they create this semester.

Visual Design students in Years 9, 10, 11 and 12 have commenced their first tasks of the new year. Exploring typography and design elements, Year 9 and 11 students are creating graphic works, building towards a portfolio of printed designs. Meanwhile Year 12 designers are making preliminary investigations into jewellery design with the aim of producing a number of pieces.

Year 12 Photography students are investigating photojournalism as a genre and practice of contemporary photographers. Their first assignment is to produce images suitable for publication from the swimming carnival this Friday.

In languages we welcome Mr Ron Wardrop to the teaching staff. Mr Wardrop has recently moved from Parkes to Orange and is an experienced Wiradjuri languages teacher. He is working with 7 Perry and 7 Warrender this semester. The rest of Year 7 is learning Japanese with Mr Brown. The groups will swap over in Semester 2 (Term 3).

Ms Aldrick continues to provide a dynamic music program. Along with classes in Year 8, and elective groups in Years 9 and 11, an extra-curricular program of band and vocal groups has been established for the year. One of the first tasks is to put together an audition for School Spectacular by the end of the term.

The Banjo Paterson festival is next to kick off, celebrating all things Australian in literature. Watch out for Henry Lawson’s “The Loaded Dog” sculpture in the ABC/Boomers Book store in the Orange City Centre, produced by Year 7 students last year!
Welcome back to 2015 and a very warm welcome to our new Year 7 cohort of 2015. It was great to meet most of you on the first day of school and I’m sure I will meet many more of you over the coming weeks as we move through the year. You are very lucky indeed to have Ms. Kennelly as your Year Adviser and I know she will take a very caring interest in everything you accomplish and achieve here at Canobolas High School.

**NSW School-based Adolescent Vaccination Program 2015**

Each year the NSW Health works with the Education dept to offer the vaccines recommended for adolescents by the National Health and Medical Research Council. A specialised team of nurses visit the school each term to vaccinate students. Information and parental consent packs will be distributed to all year 7 students over the next few weeks...so please keep this in mind so these can be signed and returned to the school ASAP.

The vaccinations offered are:

**Year 7 students**
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

This year, all Yr.7 students are scheduled to have their vaccinations over the next 12 months as follows:

**Term 1 – 9th March**
- HPV – Dose 1
- dTpa – 1 Dose only

**Term 2 – 8th May**
- HPV – Dose 2

**Term 4 – 16th October**

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/caregivers are advised to:
- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/caregivers who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

**Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.**

**Peer Support Leaders:**
The peer support will continue through 2015 and beyond, continuing to grow and strengthen. It was great to see them working with the Year 7 students on the first day back and helping them out around the school as they find their way. Please remember they are here to help out any student(s) from any year group that may need assistance and advice on a range of different teenage issues. So seek them out and have a chat...they are always willing to help out.
Anti-Bullying Ambassadors:
Over the next few weeks I will be calling for volunteers from all year groups to become anti-bullying Ambassadors for 2015. This year 20th of March is Anti-bullying – National Day of Action against bullying for 2015 and again our school is participating in this very important event – with a formal assembly, art and poster competitions to be entered into with prizes to be won and so on. Also last year we ran some Loom Bracelet workshops in B.11, one lunchtime a week.....so if you want to get involved, come and see me.

Reachout.com – website
This an excellent website for students, parents/caregivers, in fact anyone to access to obtain fact sheets and stories about mental health issues, everyday life problems – (where to go, what to do, who can help), bullying, stress, work, money, friendships, break ups, study, health, family and much more. Apps, guides and tools are also available to help you improve your mental fitness and strengthen your ability to bounce back and tackle all sorts of problems. Our school is also one of the participating schools linked into this excellent program.

Ms. G. Lindsay
HT Welfare

♫ MUSIC NOTES ♫

Star Performer
Year 10 student, Ellena Hicks writes about her experience after being selected to be a part of a National Choral Workshop in the holidays.

During the summer holidays, I spent two weeks in Sydney at Gondwana National Choral School’s summer camp. I had already auditioned to be a part of this national choir. I got into Gondwana Singers which is a SATB choir for male and female students aged 13-17. We rehearsed multiple times a day, singing songs in many languages including Polish, Spanish and Hebrew. We performed in concerts at Sydney Conservatorium and I really enjoyed the other items in the concert too.

I really enjoy being a part of ‘Gondy.’ At summer camp I met lots of great friends from many places all over Australia. I learnt a lot from amazing singers, composers and conductors. I can’t wait to hopefully, do it again next year.

Ellena Hicks

Do you wanna build a ........... Music group?
Come on, let’s go to B block and play.

2015 – it’s a new dawn, it’s a new day,
Come make a change, for once in your life,

JOIN A MUSIC GROUP!!!

I’d like to teach the world to sing, in perfect harmony.

CHOIRS, CONCERT BAND, ROCK BAND, GUITAR GROUP, FLUTE GROUP, etc.

When you hear the sound a coming,  
Hear the drummers drumming, I want you to join together with the band.

It’s like I’ve got this music in my mind saying, “it’s gonna be alright.”
To prove I’m right, I put it in a song.
I’m thinking out loud,
Tell me what you want, what you really, really want
For extracurricular Canobolas Music this year.

Please speak with Miss Aldrick in CAPA Staffroom about your interest in Canobolas Music ensembles.
Phone: TCRTHS (02) 6362 1677, Email: Lauren.Aldrick@det.nsw.edu.au, or contact via the Canobolas Music website see link below

Hidden in this article are numerous song references – go to the Canobolas Music website, and be the first to make a comment that names all songs and artists. J

♫ J ♫

Miss L Aldrick
Music Department
Welcome Miss Sealey
Canobolas PDHPE has welcomed the appointment of Miss Laura Sealey, a CSU trained PDHPE Graduate. Laura has made an excellent start, getting to know her students and enjoying teaching her lessons.

Miss Sealey, will be looking after Girls Basketball and Lawn Bowls and she also has a keen interest in Netball and Cricket.

Year 7 Students Commence School Sport
Miss Morrissey and SLSO Jade Warrender conducting a warm-up game of tag for year 7 Sport. Year 7 have sport integrated into their timetable and get an option of two or three sports to participate in each lesson. Year 7 also get the chance to sample dance for the first weeks of school. Students who commit to dance will do so for the entire term, working with Miss Kate.

Swimming Carnival Success 2015
On Friday the 6th of February, Canobolas High School swimmers took part in our annual Swimming Carnival, held at the Orange Aquatic Centre. It was a first for Canobolas to host a competitors only swimming carnival rather than a whole school event. The perfect weather conditions on the day, helped make the day a huge success, and an enjoyable day for all. Congratulations to all those students who attended and competed in the annual school swimming Carnival. It was an excellent day, with many students getting involved in the fun both in and out of the pool. On the day there were some stand out performances and extremely dedicated and enthusiastic competitors.

The carnival ran smoothly and all students who pre-entered races were wonderful representatives of their house.

Congratulations to all our students whose behaviour and school spirit were outstanding throughout the day. The house colours and dress ups displayed on the day created a fantastic atmosphere. A special thank you to all house patrons and house captains, for helping organise their groups on the day.

Thank you to all the staff who assisted in the organising and running of the day, much appreciated.

The champion house on the day was Neutrons on a massive 1,741 points, second Protons on 980 points, third Electrons 836 and fourth Mesons on 701.
Congratulations to the following students- Age Champions for 2015

<table>
<thead>
<tr>
<th>Girls:</th>
<th>Boys:</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 years</td>
<td>12 years</td>
</tr>
<tr>
<td>Isabel Burton</td>
<td>Maleek Newman</td>
</tr>
<tr>
<td>13 years</td>
<td>13 years</td>
</tr>
<tr>
<td>Emma Klose</td>
<td></td>
</tr>
<tr>
<td>14 years</td>
<td>14 years</td>
</tr>
<tr>
<td>Courtney-Rose Munday</td>
<td>Dyson Percival</td>
</tr>
<tr>
<td>15 years</td>
<td>15 years</td>
</tr>
<tr>
<td>Shayleigh Wilkins</td>
<td>Jesse Astill</td>
</tr>
<tr>
<td>16 years</td>
<td>16 years</td>
</tr>
<tr>
<td>Jacinta Percival</td>
<td>Lachlan Baker</td>
</tr>
<tr>
<td>17 years</td>
<td>17 years</td>
</tr>
<tr>
<td>Gabrielle Jamieson</td>
<td>Luke Wilde</td>
</tr>
<tr>
<td>18 years</td>
<td>18 years</td>
</tr>
<tr>
<td>Lebeka Masila</td>
<td>Samuel Rodwell</td>
</tr>
</tbody>
</table>

**PDHPE Assessment Reminders**

Many of the PDHPE classes across the years are currently working on assessable items both in class and at home. I remind that if your child does not complete an assessment task and hand it in on time for marking it will affect the overall grade they are awarded for PDHPE. This grade also has a practical effort, attitude and participation mark for lessons where students participate in practical games, sports and various physical activities. Please note that this component of the course is compulsory and students may only be excused from these classes with a medical note during the time of injury recovery.

**Current PDHPE Tasks**

<table>
<thead>
<tr>
<th>Task</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yr 7 PDHPE Sense of Self Newspaper Task</td>
<td>February 27</td>
</tr>
<tr>
<td>Yr 8 PDHPE Study First Aid for upcoming test</td>
<td>End of term</td>
</tr>
<tr>
<td>Yr 9 PDHPE Mental Health Task</td>
<td>Yet to be handed out</td>
</tr>
<tr>
<td>Yr 10 PDHPE Smart Party Plan</td>
<td>March 30</td>
</tr>
<tr>
<td>Yr 11 PDHPE Core 1 Task</td>
<td>TBC</td>
</tr>
</tbody>
</table>

#Please check the table above for your class- just about every PDHPE student should have a task or study to do.

**Laurie Daley coach the coaches session, Dubbo, Tuesday February 24**

All Rugby League coaches are encouraged to make the most of an opportunity to learn from NSW Origin Coach Laurie Daley and his staff. Daley and his Origin assistant Matt Parish will be in Dubbo on Tuesday February 24, 2015 to conduct a ‘coach the coaches’ session. The Blues’ brains trust will also conduct a ‘coach the coaches’ talk, encouraging coaches from mini league to first grade are to attend.

**WHAT:** Laurie Daley and Matt Parish coach the coaches session  
**WHERE:** Dubbo JRL Clubhouse, use Wingewarra Street Entrance.  
**WHEN:** Tuesday 24th of February, 2015  
**TIME:** 6.45pm to 9.00pm  
6.45pm to 7.30pm – Western Academy plus selected Far West Academy Field session and testing. (Any coaches welcome to observe)  
7.30pm to 9.00pm – Coach the coaches talk at Dubbo JRL Clubhouse  
**REGISTRATION:** Any coaches interested in attending please provide names to the contacts below before 5pm February 23, 2015.  
Contact – Evan Jones 0263310966, 0428133446, ejones@crlnsw.com.au

**Sport**

Congratulations to all the students who are organised and doing the right thing at sport on Wednesdays. Most students are at the correct room for roll marking and dressed in the correct school sport uniform. All students Years 7-10 should have a sport listed as part of their regular timetable.
Sports Running and Prices 9/10-

Please note:

#Students in FULL SCHOOL SPORTS UNIFORM who are ACTIVE in sport at the Bowling Alley and PCYC will be the only ones leaving the school via bottom Icely Rd pedestrian gate after roll call and uniform check.

## If you are removed from PCYC or Bowling Alley for not conforming to the requirements you will attend Sports Detention until further notice.

If you have any questions or queries please feel free to contact the school to discuss the matter

*Prices are subject to change in accordance with price changes at venues.*

<table>
<thead>
<tr>
<th>Sport</th>
<th>Venue</th>
<th>Fee</th>
<th>Requirements</th>
</tr>
</thead>
</table>
| PCYC- Team sport Competition   | PCYC         | $3 per week paid at PCYC | Full sports uniform only and active participants only. Teams will be formed and remain for the term competing in a Round Robin competition.  
## NO FREE SELF DIRECTED PLAY |
| PCYC Fitness/Boxing            | PCYC         | $5 per week paid at PCYC | Full sports uniform only and active participants only. No contact or sparring. Conducted under supervision of qualified fitness instructor.          |
| Ten Pin Bowling                | Bowling Alley| $7 a week paid at bowling | Full sports uniform only and active participants only. Lanes to close at 12:40pm no earlier. No canteen use until 12:15pm.                     |

**Student movement:** ALL STUDENTS LEAVING THE SCHOOL will assemble together after recess for roll mark and uniform check. Meet and departure through bottom Icely Rd gate (below the touch field) not front of school. Ten pin and PCYC students will meet in PCYC car park to walk back to school together as one group. Departing at 12:50pm.

<table>
<thead>
<tr>
<th>Gym</th>
<th>School Gym</th>
<th>$20 for membership</th>
<th>Membership forms to be completed and handed to supervisor $20 to be paid at the school office.</th>
</tr>
</thead>
</table>
| On Campus School Sport (OCSS)   | Hall, Oval, Courts | NO FEE               | Participants only, active non-uniform students with note allowed. 4 x Teams set for the Term. 2 x 30min sessions with a rotation.  
Week 2-4 Basketball on courts and volleyball, Week 5-7 AFL and Touch, 8-10 Netball and Soccer |
| Dance                           | C1 or Hall   | $5 per week          | Dance. Miss Kate, performance groups for Eisteddfod.                                           |
| Passive Self Directed Activities (PSDA) | A4/D3 | NO FEE               | Students can nominate to attend A4/D3 and complete school work on computers/books. Only for students who choose not to compete in active sports. |
| Sport Detention                 | A4/D3        | -                    | Students who fail to comply with sports requirements or follow teacher instructions at any stage or who may have overdue assessment tasks. Parents will be called and informed of student placement in Sport Detention. |

Years 9/10 Bowling
Regional Sport Trials

If students are interested in trialling for Western Region Sports Teams this term please see the PDHPE staff for more details. Please note that these are parents would be expected to transport their child to the majority of these trials if they choose to attend. The details of the up and coming trials are below.

### Championship Trials

<table>
<thead>
<tr>
<th>Sport</th>
<th>Date</th>
<th>Location</th>
<th>Nominations Close</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volleyball</td>
<td>12th Feb</td>
<td>Blayney High School</td>
<td>At trial</td>
</tr>
<tr>
<td>Basketball Girls</td>
<td>20th Feb</td>
<td>Bathurst Basketball Stadium</td>
<td>ASAP</td>
</tr>
<tr>
<td>Swimming</td>
<td>6th March</td>
<td>Dubbo Aquatic Centre</td>
<td>24th Feb</td>
</tr>
<tr>
<td>Basketball Boys</td>
<td>6th March</td>
<td>Orange PCYC</td>
<td>23rd February</td>
</tr>
<tr>
<td>Football Girls</td>
<td>12th March</td>
<td>Orange Jack Brabham</td>
<td>9th March</td>
</tr>
<tr>
<td>Softball Boys</td>
<td>13th March</td>
<td>Mudgee Westend Sporting Complex</td>
<td>6th March</td>
</tr>
<tr>
<td>Hockey Girls</td>
<td>13th March</td>
<td>Bathurst Cooke Hockey Complex</td>
<td>4th March</td>
</tr>
<tr>
<td>Golf</td>
<td>16th March</td>
<td>Orange Wentworth Golf Club</td>
<td>27th Feb</td>
</tr>
<tr>
<td>Football Boys</td>
<td>17th March</td>
<td>Dubbo Hans Claven Fields</td>
<td>13th March</td>
</tr>
<tr>
<td>Netball</td>
<td>19th March</td>
<td>Orange PCYC</td>
<td>12th March</td>
</tr>
<tr>
<td>Rugby Union</td>
<td>18th March</td>
<td>Orange Endeavour Oval</td>
<td>13th March</td>
</tr>
<tr>
<td>Hockey Boys</td>
<td>23rd March</td>
<td>Bathurst Bathurst Hockey Centre</td>
<td>16th March</td>
</tr>
<tr>
<td>Lawn Bowls</td>
<td>1st April</td>
<td>Parkes Parkes Bowling Club</td>
<td>TBA</td>
</tr>
<tr>
<td>Rugby League</td>
<td>1st April</td>
<td>Lindner Oval Peak Hill</td>
<td>16th March</td>
</tr>
<tr>
<td>Touch Football</td>
<td>1st May</td>
<td>Orange Waratahs</td>
<td>24th April</td>
</tr>
<tr>
<td>Cross Country</td>
<td>11th June</td>
<td>Wellington Wellington Racecourse</td>
<td>6th June</td>
</tr>
<tr>
<td>Tennis Girls</td>
<td>TBA</td>
<td>TBA</td>
<td>TBA</td>
</tr>
<tr>
<td>Athletics</td>
<td>24th July</td>
<td>Dubbo Barden Park</td>
<td>12th June</td>
</tr>
<tr>
<td>Tennis Boys</td>
<td>31st July</td>
<td>Parkes Tennis Courts Parkes</td>
<td>24th July</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>TBA</td>
<td>TBA</td>
<td>TBA</td>
</tr>
<tr>
<td>Cricket Girls</td>
<td>12th Nov</td>
<td>Dubbo Bob Dowling Oval</td>
<td>7th November</td>
</tr>
<tr>
<td>Softball Girls</td>
<td>18th Nov</td>
<td>Dubbo Dave Martin Nets</td>
<td>12th November</td>
</tr>
<tr>
<td>Cricket Boys</td>
<td>19th Nov</td>
<td>Dubbo Dave Martin Nets</td>
<td>12th November</td>
</tr>
</tbody>
</table>

Mr Skein
Head Teacher PDHPE
Welcome to Year 7 BBQ

Year 7 students and their families are invited to attend a FREE welcome BBQ! This relaxed and fun event will allow you to meet other students and their families as well as your child’s teachers.

WHERE: CRTHS A Block
WHEN: Wednesday 18th February (Week 4)
TIME: 5:30pm – 6:30pm

Please join us for an early dinner! We look forward to meeting you all!

Orange City Junior Rugby Union Club Registration Days

At Waratah’s Pride Park

Friday 13 February 5.30pm to 7pm
Sunday 15 February 4pm to 6pm

Walla’s – u7’s, u9’s, u11’s
Training Friday nights

Juniors – u13’s, u15’s, u17’s
Training Tuesday & Thursdays

Please bring proof of birth

For further details
http://orangecityjuniors.rugbynet.com.au

Tony 0435025181 or Deryck 0427621965

Orange Tigers Australian Rules Football Club

is holding sign on days for the upcoming season for Auskick, U/12’s, U/14’s, U/16’s, U/18’s and Senior grades.

When: Saturday February 14th & Sunday February 15th
Where: McDonalds Bathurst Road & McDonalds North Orange
Time: 12-2pm

Thursday Feb 26, 4.30-6.30 Orange Ex services Country Club Oval with a free Sausage Sizzle

For more info please call Kassie on 0413 655 132

COULD YOU BECOME A FOSTER CARER?

Life Without Barriers is currently seeking compassionate people who are willing to share their homes with children and young people who require their support and care. We are looking for people who can provide a nurturing and stable home to a child or young person with high needs. Foster carers need to be resilient, have creative problem solving skills, be able to engage with services and have a good knowledge of their local community. Life Without Barriers provide carers with: 24/7 support, extensive training and a tax free carer reimbursement.

Our carers range in age and cultural background and can be single, same sex couples, defacto or married couples, with or without their own children. If you would like to make a positive difference to a young person’s life, we’d love to hear from you.

P: 63949713
M: 0429 998 506
E: lee.curtis@lwb.org.au

Welcome to Year 7 BBQ
Registration for 2015 Season

Orange Waratah Junior Football Club invites all current and new players to register with the club for the 2015 season.

OWJFC has teams from U6 to U12 competing in the Orange District Football Association competitions and teams from U13 – U16 competing in the joint Bathurst-Orange Junior Football Competition.

Registration Costs are $105 per player (A discounted fee of $95 per player applies to the 3rd and subsequent children from the same family).

OWJFC encourages players to register online through the www.myfootballclub.com.au website. The correct club selection is Orange Waratah Junior Football Club.

OWJFC will also be holding registration days at Orange Waratahs Sports Club on the following dates:

Saturday 21st February 10:00am to 1:00pm  
Sunday 22nd February 2:00pm to 4:00pm  
Saturday 28th February 10:00am to 2:00pm  

Additional information about Registration and the club in general can be found at our new club website,  
www.orangewaratahjuniorfc.org.au

Canteen News

A number of weekly specials will operate this term as well as our regular menu. These MUST BE ORDERED before school or at recess. A price list is included in this newsletter.

Lunch specials run each Thursday and Friday and represent great value at only $5.00 each
Week 4 – Cheese burger, coke and surprise (red day)  
Week 5 - Mini spring rolls, sweet and sour sauce, fried rice  
Week 6 – Nachos supreme (taco mince, corn chips, cheese and light sour cream) with small drink  
Week 7 – Hamburger and small drink  
Week 8 – Slice of pizza, garlic bread and small drink  
Week 9 – Fish cocktails, chips and drink  
Week 10 –Chicko roll small drink

Recess specials are available each Tuesday and Wednesday for $2.20 each
Week 4 – Bread roll with melted cheese  
Week 5 – Pizza muffins  
Week 6 – Party pies  
Week 7 – Puff sausage dogs  
Week 8 – Muffin with vegemite and melted cheese  
Week 9 – Pasta twirls with tomato pasta sauce and cheese  
Week 10 – Party sausage rolls
WEP Student Exchange Programs - Applications Open Now

World Education Program (WEP) Australia is now accepting applications from students who wish to participate in 2015/16 exchange programs for a summer, semester or year. Students can choose to study and live life with a carefully selected host family in more than 25 countries. Exchange students return to Australia with maturity, confidence, and in many cases, proficiency in another language. If learning another language is not for you, excellent programs to the USA, Canada, the UK and Ireland are also available.

Find Out More
Request an information pack online to find out everything you need to know about this once-in-a-lifetime opportunity. Visit www.wep.org.au to find out more. Early Bird Specials and Scholarships are now available for programs commencing in 2016!

web: www.wep.org.au
phone: 03 9598 4733 / 1300 884 733
(for the cost of a local call)
email: info@wep.org.au

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Explore The WORLD With WEP

"I hardly seem to have a spare moment here! After three weeks, things are starting to feel more and more normal and life here is starting to become natural. Sometimes I feel like I have to speak English all the time!

School at first was quite difficult because I am living in a small town, my whole class have known each other since they were pupils. However, they were all friendly and I have made acquaintance with just about the whole school, so there is always someone to talk to or ask questions. The language difference isn’t too much trouble. Munny is funny anyway and it’s good for breaking the ice!

My host family are very accommodating and always have new things to share and do with me. I am trying my best to do the same back, bringing my own bit of Australia here with me. In Belgium. We are celebrating Australia Day tomorrow and I am teaching them how to make pavlova.

See Rome, Paris or New York in 2015 with WEP Student Exchange

Request a FREE Information Pack NOW!
www.wep.org.au 1300 884 733 info@wep.org.au

---

Experience The Magic Of Hosting

"In July our exchange student, Toon, joined our family. And when I say joined he literally did that. He has become my teenage son. Our experience as a family has been amazing and unforgettable.

Toon is leaving this week and I feel like my son is grown up and leaving home. There is nothing negative that I can say about our time with Toon. Toon has been through so many new experiences from this exchange experience. We have enjoyed it so much that we are hosting again next July. We will have a friend for life and will never forget Toon.

Thank you WEP for the chance to meet Toon. It wouldn’t have been possible without the WEP team. Only a short note to show my appreciation in meeting Toon and to WEP.

Enrich your home with a curious exchange student in July 2015

Request student profiles now to find out more!
www.wep.org.au 1300 884 733 info@wep.org.au

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Orange Wiradjuri Platypus 2015 Nations of Origin

Aboriginal Nations across NSW & the ACT are invited to participate in the 2015 Nations of Origin Tournament to be held in Newcastle and Port Stephens NSW.

The Tournament is aimed at increasing Reconciliation, Education, and Cultural Identity through Sport:

RUGBY LEAGUE 7s (Under 16’s)
- Maximum of 12 players per team
- Maximum of 4 Non Aboriginal players per team
- Players to be aged 15 & 16 cannot turn 17 before 31/12/15

SOCCER FIVES (Under 14’s)
- Maximum of 8 players per team
- Maximum of 3 Non Aboriginal players per team
- Players to be aged 12-14 cannot turn 15 before 31/12/15

REGISTRATIONS & TRIALS:
WHEN: Monday 16th February
WHERE: Orange PCYC
TIME: 4.00pm - 5.30pm

For more information or if you cannot make the trials/registration please contact
Jason - 0417 413 989
FREE AFTER SCHOOL SPORT

Ages 8—18 years

Monday afternoons 4:00 pm to 5:00 pm
Come and play Soccer at
Margaret Stevenson Park, Spring Street
February—2, 9, 16 & 23

Tuesday afternoons 4:00 pm to 5:00 pm
Come and play Basketball with Rock the Rim
Coach at Glenroi Oval, Maxwell Avenue
February—3, 10, 17 & 24
March—10, 17 & 24

If children playing sport are under 8 they must be with an adult

We advise all children attending to wear enclosed shoes, bring a hat and drink bottle with water

This program is funded by the Australian Government Department of Social Services through the Diversity and Social Cohesion

Some Family BBQs will be held, dates tba
Come along and meet your neighbours!
ALL WELCOME!

We Need Your Support

Sunday 29th March
Robin Hood Hotel Orange
Starting from 1pm come & support
TEAM JANINE
Four lovely ladies will be shaving their gorgeous hair for Charity

Dear Families,

The Canobolas Rural Technology High School is proud of its successful Japanese Student Exchange Program and highly values its close relationship with Toyo Ushiku High School in Japan.

A group of 17 students and two teaching staff will be visiting our school on March 10th 2015, and once again, our students and their families have the wonderful opportunity to welcome a guest into their home.

This is a fantastic opportunity for families to experience students from our Sister School in Ushiku Japan and to help your guest/s to take part in real life experiences during their time Australia. All host families will be provided with a calendar of events and activities planned for the visiting students during their stay in Orange.

This visit is part of the Sister City Program between the cities of Ushiku and Orange, and its success has been due to the continued support of our school community.

If you are interested in hosting one or more of the visiting students please contact Vince Lovecchio on 6362 1677 or send email to Vince.lovecchio@det.nsw.edu.au. Due to the popularity of the program, it is advised that you inform the school of your interest as soon as possible to avoid any disappointment.

CJ BRUTON

• 2 x Olympian
• Commonwealth gold medallist
• 6 x NBL Champion

Sat 7th Feb
Athletes 9 -13 yrs

Cal & CJ Bruton Basketball Camps
Sir Neville Howse Stadium Orange

Sun 8th Feb
Athletes 14 -18 yrs

“BLACK PEARL” CAL BRUTON

• NBL Hall of Famer
• 2 x NBL Champion
• NBL Coach of the Year

TRAIN WITH THE BEST!

CJ Bruton, one of Australia’s most premier point guards, together with his dad, NBL Hall of Famer Cal Bruton, are hosting 2 intensive basketball camps for young aspiring athletes in the Central West region at Sir Neville Howse Stadium Orange.

Register Now 0428011820 | rocktherim@hotmail.com
# CRTHS Canteen Price List 2015

## Sandwiches
(must be ordered)
- Cheese: $3.00
- Tomato: $3.00
- Ham: $3.50
- Corned Beef: $3.50
- Chicken: $3.50
- Salad: $4.00
- Chick & Salad: $5.00
- Salad Roll: $4.50
- Toasted (extra): $0.40
- Ea. Extra filling: $0.20

## Snacks
- Red Rock Chips: $2.00
- Small Chips: $1.00
- Cough Lollies: $1.60

## Meal Deals
$10.00 each
(must be ordered)
- Fish, Chips & Salad
- Hamburger, Chips & sm. Drink
- Cheeseburger, chips & sm. Drink
- Pie, Chips & Gravy & sm. Drink

## Hot Food
- Pies – Plain: $3.50
- Chicken: $3.50
- Cheese & bacon: $3.50
- Potato: $3.50
- Sausage Rolls: $3.00
(All pies and sausage rolls with sauce)
- Nobbies Egg & Bacon Muffin: $3.00
- Nacho’s: $2.50
- Chicken Burger: $4.00
- Chicken & Gravy Roll: $4.00
- Pizza Rounders: $2.50

## Wraps
(must be ordered)
- Salad: $4.50
- Salad & Meat: $5.00

## Salads
- Salad in container: $4.50
- Salad & Meat in container: $5.00

## Available at Recess Only
- Muffins
- Cheese and Pineapple: $1.20
- Ham and Cheese: $1.20

## Must Be Ordered
- Lasagne: $4.00
- Spaghetti: $4.00
- Potato Bake: $4.00
- Tuna Bake: $4.00
- Hot Tenderloin Wrap: $3.50
- Cheeseburger: $3.50
- Hamburger: $5.00
- Garlic Bread: $1.00
- Wedges: $4.00

* served with sour cream & chilli sauce

## Drinks
- Milk – Large: $3.50
- Small: $2.50
- Juice – Large: $3.00
- Medium: $2.50
- Small: $1.50
- Water – Large: $2.50
- Small: $1.50
- LOL Drinks: $2.00

## Chips – per bucket: $4.00
Fried Rice: $3.50