It was a beautiful, sunny Wednesday of Week 8 last term when Miss Hiscox and Mr Rodwell accompanied 24 excited Year 12 Chemistry students on a three day excursion to Sydney. We travelled down on the XPT train settling in to our accommodation at the YHA in central Sydney. The students got a taste for city living by travelling to the different venues via foot, buses, trains and ferries, and enjoying some gorgeous weather along the way.

The excursion enabled students to gain hands-on experience using modern analytical chemistry equipment and techniques. The activities commenced on Thursday with a lecture from Dr Michael Fawdrey at the CSIRO Nuclear Medicine Centre followed by the HSC Chemistry experiments program at Sydney University in their state-of-the-art laboratories. After dinner we bumped into ‘The Rock’ in George Street on our way to feel the floor tremble during the 3D Edge Of Tomorrow movie on the massive Imax Theatre screen.

Friday kicked off with a forensic chemistry workshop and presentation by the world renowned forensic chemist Dr Xanthe Spindler and her team at the University of Technology. We then headed south to Broadmeadows Brasserie for a food chemistry class where our students completed a fermentation experiment, cooked their samples and tasted the results! Science lessons didn’t stop there as we hopped on the ferry to Luna Park to experience Sir Isaac Newton’s Laws of Motion first-hand on the rides at Luna Park, finishing off what was a fun-filled educational experience.

All students displayed excellent behaviour and were fantastic ambassadors for the school. The trip home was noticeably quieter with our bunch of exhausted students arriving back into Orange at lunchtime on Saturday. We finished on another positive note with the XPT carriage master “Big John” commenting that the students were the most respectful and cooperative school group he has seen in quite some time. Well done to all!

Mr Rodwell
From the Principal’s Desk

Dear Parents and Members of our School Community

Welcome back to another school term. I hope you had a lovely break with your family. I would like to welcome some new staff to our school in a number of different capacities.

Daisey Morrissey joins the PDHPE team replacing Nick Farrar, Alexander McDonald joins the HSIE faculty replacing Geoff Childs, John Kelly has been employed by the school to take on the role of computer coordinator. John will continue to be responsible for all aspects of the schools network, hardware, software and applications. Peta Coulston and Jane Shannon will be job sharing replacing Steve Malone in the HSIE faculty, Samantha Hiscox will take on the role of Year 8 Year Adviser as Andrew Hetherington begins in his role as HT Administration. Kirsten Hebold takes on the SRC coordination for the remainder of 2014.

I am sure you will join me in welcoming all of our staff to The Canobolas Rural Technology High School.

Next week is the 60th anniversary of Education Week across NSW schools. We will be celebrating Education Week with a range of activities across all of our Key Learning areas. We will have a range of book displays along with research and reading activities, Maths challenges, activities in Science will focus on greenhouses and practical skills, open classroom displays for our parents and community and student-led lunchtime activities. We have an exciting week planned and I am sure your child or children will love what we have organised to engage them next week.

As the year progresses, so too does a new way of supporting student learning. The “Bring Your Own Device” platform across NSW Department of Education and Communities schools is gaining momentum and our school is looking forward to the challenges and opportunities that this new model may bring. A community survey has been set up by one of our team to seek feedback from you about your thoughts on this new model. If you could spare five minutes, please have a look at the survey. Your assistance is very much appreciated.
http://bit.ly/byodcommunitysurvey. If you require further information, please go to our school website and look at the BYOD policy.

This week, I will announce to our school student body, that our school will introduce black pants for our girls uniform. The black pants can be worn from Monday 28 July 2014. Our uniform suppliers stock black pants as part of their stock. These pants are stretch material and come either in a straight leg or a boot leg fit. Any female student who chooses to wear black pants must follow these guidelines. If students are unable to follow these directions, then we will need to revisit this uniform addition.

Our school is working towards adding a high quality hooded jumper and/or jacket to our uniform for next winter. We will not be changing our uniform in the near future so, all families are advised to continue to purchase our uniform from either Orange Clothing Company, Lowes or Kingfisher Clothing. If you have any questions, please do not hesitate to contact me.

Our Year 6 into 7 Parent Information Evening was held on Thursday 24th July. Thank you to those parents and carers who came along to look at what our school will offer your children in 2015. If you would like any information about enrolling your child into Year 7 in 2015, please contact Mr Stuart Riles, Deputy Principal on 63621677.

Also on this evening we held our Year 10 into 11 Parent Information Evening and Subject Selection. This was a great opportunity for our parents and Year 10 students to look at what subjects are on offer for 2015 and to ask questions about studying as a senior student. For those families who could not make Thursday evening, please feel free to contact Mr Curran (Year 10 Adviser) who will be able to assist you with your enquiries.

I hope you have a great fortnight and I look forward to speaking with you in week 4.

With my warmest regards

Chad Bliss
Principal
Year 12 Major Projects
Time is slowly running out for students in Industrial Technology Timber and Design and Technology to complete their major projects. These are marked by travelling examiners from the Board of Studies and count towards the HSC.

IT Timber is due at 8am Tuesday August 5th. Design and Technology is due at 8am Tuesday August 19th. Remember support is available from all Industrial Arts staff until these dates, including out of class time, and there is the Year 12 Study Centre on Thursday afternoons in the library.

Subject selection time!
Want to know more about these great classes you can choose as electives in Industrial Arts and Computing? The Industrial Arts portal on the school’s Moodle website has a wealth of subject information and examples of work. You can find this information with this link and you don’t even need to log into the Moodle!
You can also scan this QR code with your smartphone or tablet and it will take you straight there!

Design and Technology
Year 9 D&T have been busy of late. At the end of term, we helped Pete Golland from Golland Signs to sign write for the new school bus. Golland Signs use the same Roland vinyl cutter as we do to turn computer designs into stickers. Pete spoke to us about the design and manufacturing processes he uses and found many similarities to industry and our use of the vinyl cutter. As you can see in the photo, many of the students were able to help apply some of the signs on the bus! Thanks Pete for sharing your experience with us.

Year 11 D&T have just finished their second assessment task. They had to design, make and evaluate a USB powered lamp from a recycled item. Our excursion to the recycling centre at the Orange Council waste management centre found lots of interesting items useful to make a lamp. As you can see from the collage, there are some pretty interesting ideas! They are powered by a computer’s USB slot or a smartphone wall charger and use a white LED lamp to produce light.

Industrial Technology Engineering
Back from our glorious trip to University or Wollongong where we became state champions in the Aeronautical Velocity Challenge, Year 10 are back on the job learning about control systems. Currently they are making small infrared remote control vehicles or their own design. These photos show how they have been soldering the circuit for the infrared receiver for their vehicles. Great skill and care is needed to complete these circuits without damaging any components!
On Thursday 24th July we welcomed the University of Wollongong STEM roadshow back to our school. STEM stands for Science, Technology, Engineering and Mathematics. The roadshow consisted of six hands on experiments run by UoW engineering students that our students rotated through, including a race car simulator, making milkshakes with a bicycle powered milkshake maker and stripping DNA from a banana!

Students in Year 9 and Year 10 Industrial Technology Engineering and the Stage 4 Academically Talented class spent three hours rotating through the experiments and talking to the students about studying Engineering at UoW.

We were surprised to see the roadshow trailer pull up outside the school with a picture of Leo and Charmaine from Year 10 on the side from a previous UoW workshop! They will be representing the school around the state for the rest of the year!
Welcome back to Term 3 which is a very busy term for the English faculty!

**Year 12 Trial Higher School Certificate Examinations**
Term 3 is an extremely busy for students in Year 12. Trial Higher School Certificate Examinations begin in Week 4 with English Paper 1 – Area of Study (Advanced and Standard) taking place at 9:00am on Monday 4th August 2014, English Paper 2 – Modules (Advanced and Standard) taking place at 9:00am on Tuesday 5th August 2014 and English Extension 1 taking place at 9:00am on Wednesday 6th August 2014.

Students are now well underway revising for these important examinations and they are encouraged to dedicate adequate time at home to prepare. The best way students can prepare for these examinations is to look over past papers and complete the writing tasks. All English teachers are more than happy to mark these tasks and provide feedback to students.

**Year 10 Subject Selection**
It was wonderful to see so many people at the Subject Selection Evening, carefully considering their options for English in Stage 6. I hope the information you were provided with on the night was useful. If you were unable to attend on the night or would like further information about the English courses offered in Years 11 and 12, please don’t hesitate to get in contact with me at the school.

**Education Week Book Display**
Education Week is Monday 28th July 2014 to Friday 1st July 2014. The English faculty have organised an exciting book display in the library to showcase a broad range of engaging texts for adolescents and young adults. Students will also learn how to make effective use of the library during class visits during the week.

Nick Williams
Head Teacher English

**BIBLIOMANIA**
Welcome back to Term 3. We have already received new fiction books for your enjoyment, and these, together with a range of drawing books accessioned late last term, are ready for borrowing.

Popular author Sophie Masson has written another fantasy and magic novel based on the story of Rapunzel: a girl in a tower, an underground kingdom and a crystal heart split in two, symbolising true love lost. Kasper, who believes he is guarding a powerful witch in the tower, finds instead a beautiful princess, Izolda, who is prophesised to die before her 18th birthday. Kasper is punished for helping Izolda escape – he must assassinate the Prince of Night. Will Kasper be able to accomplish his task and save his people without destroying the girl he loves? The Crystal Heart is a gripping blend of magic, romance, adventure, fairytale and mystery.

In complete contrast, Razorhurst details Sydney streets in the 1930s, where guns have been banned and rival gangs rule with their blades. On a winter’s day in 1932 Dymphna Campbell, a gangster’s moll, and Kelpie, a street urchin who can see ghosts, tip the balance in a bloody underworld power struggle. Based on real events, and similar to Underbelly, Justine Larbalestier has written an involving story of the underworld in Sydney during the depression.
People who like realistic fiction will enjoy *Head of the River* by Pip Harry. This novel captures the struggle to find your identity, fall in love and survive high school. It follows twins, Leni and Cristian in the buildup to the Head of the River elite sporting event where it is expected they will row Harley Grammar to glory, following in the footsteps of their Olympian parents. When Cristian is seduced by performance-enhancing drugs and Leni suffocated by self-doubt, the future begins to dim. Juggling family, high expectations, study, breakups, new relationships and wild parties, the pressure builds. As the countdown to the race continues, who will make it to the starting line and who will fall from grace? *Head of the River* focuses on the world of rowing and the role that drug and substance abuse can play in sport at the school level.

Christie Nieman in *As Stars Fall* writes about a rare Australian bird and teenage grief, about the devastation nature and humans can inflict on one another and how worlds can collide. A bushfire and its aftermath link a Bush-Stone Curlew and three teenagers, Robin a bird-nerd, Seth who has given up school to prowl the streets angry at the fire that killed his mother and Delia, his sister who is a freaky workaholic. When a curlew turns up in the park next to Seth and Delia’s house, the three teenagers become linked in an ever tightening circle and have to face their demons in order to move forward.

Another novel which explores the pain of loss and the triumph of moving forward is *Counting by 7s*, the story of Willow Chance, a twelve year old girl who has been identified at an early age as gifted. Living in Bakersfield, California, she comes home one day from school to the news that her parents have been killed in a car accident, leaving her alone in a baffling world where she finds comfort in counting by 7s as she pushes through her grief to find a surrogate family. Holly Goldberg Sloan has created distinct characters that will stay with you long after you finish the book.

For those who enjoy sci-fi, *Spark* is the first in a planned trilogy by Rachael Craw. Evie doesn’t have a choice. One day she is just an ordinary seventeen year old, grieving for her mother. The next, she’s a Shield, the result of a decades-old experiment gone wrong, bound by DNA to defend her best friend from an unknown killer. The threat could come at home, at school, anywhere. All Evie knows is that it will be a fight to the death! Then there’s Jamie: irresistible, off-limits. The brilliant twist at the end will ensure you can’t wait to get your hands on Book 2, *The Stray*.

Jackie French’s novels are always popular. *I am Juliet* retells the story of *Romeo and Juliet* but from the perspective of Juliet. This telling highlights the pivotal role played by Juliet, rather than by the men in this patriarchal society. The novel is faithful to Shakespeare’s text but we see Juliet in a different light – a girl ignored by her parents until it is time to marry, sheltered and protected from the world, who wants to choose her own life. It also helps the reader become more familiar with the customs of Elizabethan time and the history of Shakespeare.

Life is not going well for Clementine Darcy. She is worried about her sister, her brother and the fact that she no longer seems to have anything in common with her best friends. Add to all that, a ridiculous class task where she has to write letters to the teacher each lesson. Surely she should be doing something more productive? Clem is desperate to find a way to help everyone feel better and be happy, but is it possible to “fix” everyone and still be herself? A high school student starting Year 9, Clem is dealing with issues to which readers can relate – her brother’s depression, school pressures and evolving friendships and romance. With *Writing Clementine* Kate Gordon presents a funny, warm, feel-good novel about friends, family, first kisses and finding your way in the world.

Those with overdue library books are reminded to return them, before school, at recess or at lunchtime and to take the opportunity to check out the New Books stand.
Vaccinations:
This term will see the entire school vaccinated for Measles, Mumps and Rubella on the 22nd August. This vaccination has been mandated by the NSW Dept. of Health due to a recent outbreak here and in surrounding areas. Vaccination forms have been issued to the school population on Monday, however if your student was absent on Monday, vaccination forms can be obtained from the front office. If you have any issues or questions about these vaccinations, Please don’t hesitate to contact me at the school.

Youth Forum – 25/06/14
As part of Orange City Councils Youth Week, a Youth Forum was held at Orange Ex-services Club on Wednesday 25/06/14. Eight students – Yaz Gordon, Jessica Heywood, Keegan Jackson, Jesse Kelly, Natalya Theobald-Mattick, Ben Crowhurst, Rebecca Steedman, Melissa Fitzsimmons and I attended this very important forum. It enabled the students to interact with other students from Orange High and James Sheahan High School, to discuss important issues not only for young people in general, but also issues that affect young people in our local community. As always our students were excellent and stood out in the crowd with their ideas, thoughts, behaviours and contributed maturely to group discussions and activities. I was really proud of them and I would like to take the opportunity to congratulate all students involved in this very insightful and proactive event.

Peer Support:
Over the next few weeks I will be calling for nominations from the student body in Yr’s 8 -10 for those students who would be interested in becoming Peer Support leaders in our school. Students will be asked to write a paragraph about why they would make a good peer support leader for our new and junior students. The final list of successful students (as determined by the Learning and Support Team) will then be published in the daily notices; school newsletter etc. and training will begin in Term 4 so the successful applicants will be ready to assist Yr7 2015.

Anti-bullying Ambassadors:
During Education Week 28th July – 1st August and beyond, the Anti-bullying Ambassadors will be running student led programs at lunchtime in B11 for interested students. The program will be based on making loom and coloured string bracelets for individual wear and for the student body. If you are interested in participating in this program could you please give your name to Ms. Lindsay ASAP.

Ms. G. Lindsay
HT Welfare
The end of Term 2 and the beginning of Term 3 has seen the Home Economics Faculty busy with excursions. Year 10 Food Technology along with Year 9 Hospitality: International Studies and Year 12 Community and Family Studies all ventured out of the school to expand their knowledge and understanding of key concepts taught in class.

**Year 10 Food Technology visit the Fresh Fodder Factory**

At the end of last term, our Year 10 Food Technology students went on an excursion to the Fresh Fodder factory in McLaughlin St, Orange. Students were briefed on the day to day operation of the factory that employs about 20 people and has over 500 clients. Fresh Fodder make over 20 varieties of dips and about 8 varieties of freshly packaged salads. Adorned in hair nets, students were shown through the factory and got to see large scale machinery in operation including a huge commercial oven, an oil gun that operated like a petrol bowser and a machine used to portion dips into their packaging. This was a great experience for students who had not previously been exposed to commercial scale food preparation equipment. At the end of the tour each class were given a variety of dips to take back to school to try. So, what was the verdict from students taste testing in class? – “Delicious!”

**Year 12 CAFS Excursion to Sydney**

In the first week of Term 2 Year 12 Community and Family Studies (CAFS) students headed off to Sydney for our annual excursion. This excursion is usually an opportunity for our students to engage with the homeless through St Vincent De Paul food van. However, due to the overwhelming response of volunteers we were not able to undertake this valuable experience for the first time in 7 years.

However, this provided another opportunity for our students to visit the Salvation Army Oasis Centre in Darlinghurst. This centre is pivotal in providing temporary accommodation to 15-24 year olds who find themselves on the streets of Sydney. Our students spent time learning about the plight of young people who are homeless, stereotypes of homeless people, reasons for becoming homeless and the services that Oasis provide for our youth on the streets. This was an invaluable experience for our students as they learnt more in depth information about the homeless who are a major focus group for them in their HSC.

The next day the students attended a CAFS HSC workshop. This allowed the students to receive expert tuition about this subject from staff who have marked CAFS HSC papers. The insight provided to our students was essential in supplementing them with the skills they need to be successful in answering questions in the HSC.

Each year this excursion continues to provide our students with not only skills for the HSC but also skills and knowledge that allow them to better understand the world in which they live.
On Friday the 18th July, Mrs Shepherd, Ms Sharp, Mr Scott, Mr Riles and the Year 9 Hospitality – International Studies class went to Highland Heritage Estate for High Tea as a part of their studies on Europe at school. Students savoured a smorgasbord of amazing foods created by the chefs at Highland Heritage including Savoury muffins, sandwiches, macaroons, Pavlova and scones, along with a hot beverage.

Students also got a tour of the industrial kitchen at Highland Heritage, talked to the chefs about their job roles and asked questions about catering for a High Tea. This experience all leads up to this term’s assessment task, where students in Year 9 Hospitality will host a High Tea for their parents and carers in Week 9.

Subject Selection for 2015
The Home Economics Faculty will continue to provide students with a great range of subject choices in 2015. If you are interested in one of our subjects, please use the link below to obtain more information or come and have a chat with one of the Home Economics Teachers in our staffroom A6A.

Merryn Lynch
Relieving Head Teacher
Home Economics
A New Term of Sport Begins
Term 3 CKC Cup

28th August Cowra are coming!!
Put your name on a team list!!

The CKC Cup contested between Canobolas, Kelso and Cowra High Schools has been running now for a number of years.
Canobolas host Cowra on Thursday 28th August
Canobolas play Kelso in Bathurst the following Thursday 4th September.
See your team coach and place your name on the team nomination sheets if you haven’t already to get involved.

# Please be aware that students with 3 negative ‘Sentral’ entries will not be eligible to take part in the 2014 CKC Cup.

Sports Contested at CKC Cup

<table>
<thead>
<tr>
<th>7/8 Boys</th>
<th>7/8 Girls</th>
<th>9/10 Boys</th>
<th>9/10 Girls</th>
<th>7-10 Boys</th>
<th>7-10 Girls</th>
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</table>
Canobolas School Socks for CKC Cup:
# Hockey, Soccer, Netball and Softball teams will be required to wear Canobolas team socks, included in CKC Cup excursion fee for all participants.

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$10
Available through PDHPE & the school office

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**PDHPE Assessment Reminders**

<table>
<thead>
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<th>Task</th>
<th>Due</th>
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<tbody>
<tr>
<td>Yr 7 PDHPE Say No To Tobacco</td>
<td>OVERDUE</td>
</tr>
<tr>
<td>Yr 8 PDHPE Live Long, Live Strong Task</td>
<td>Completed</td>
</tr>
<tr>
<td>Yr 9 PDHPE Mental Health Task</td>
<td>OVERDUE</td>
</tr>
<tr>
<td>Yr 10 PDHPE Road Safety Exam</td>
<td>Week 3</td>
</tr>
<tr>
<td>Yr 11 PDHPE Core 2 Task</td>
<td>OVERDUE</td>
</tr>
<tr>
<td>Yr 12 PDHPE Trial Exam</td>
<td>Week 4</td>
</tr>
<tr>
<td>Sports Medicine Task</td>
<td>Week 6</td>
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</table>
PDHPE TOPICS
Year 7 ‘Commit to be fit’ – Healthy Lifestyle
Year 8 ‘Look at me it’s Puberty’
Year 9 ‘RESPECT’- Relationships
Year 10 ‘Reduce the Dead Load, Be safe on the Road’
Year 11 First Aid Option
Year 12 Sports Medicine Option

All students will have some form of assessable tasks to complete this term. For some years it will be in the form of an exam and others a set task to be completed in class / at home.

It is important to remember that the marks from assessment tasks are combined with students’ effort and participation in practical lessons to form a grade for reports. Non completion of assessment tasks limits the ability of teachers to accurately assess each student fairly. All work must be completed and handed in on time.

9/10 Boys Touch
On Thursday 26th June the boy’s touch team travelled to Bathurst. It was an icy cold winter’s morning but the boys were keen and ready to take on their competition. In round one, the boys played a fantastic game and worked together to beat Lithgow High 4-1, with Hunter Ward scoring 2 tries. Young High was up next, which was a lot tougher game but the Canobolas boys dug in and walked away with a win 4-3. Round 3 brought us up against Mudgee High, which was a ‘heated’ match with some great tough football being played. Once the boys structured their defence and played their game they won 5-3, with Dale Jones scoring 3 tries. The last round game was against Kandos High and this was a great opportunity for the boys to try some set plays winning 7-3, with Jeremy Boulton scoring 2 tries.

As the boys didn’t ‘drop’ a game in the rounds this meant they were in first place going into the semi-finals. The boys came up against Young High again, which in the rounds was our closest game. With a quick lunch break which may not have helped the boys they were back on the paddock. Unfortunately, the boys just couldn’t complete sets which eventually cost them the game, going down 2-1 to Young. Great work boys, you represented your school with pride and played in the spirit of the game.

Team: Matt Gillette, Tyrone Scaramella, Dale Jones, Jayden King, Callan Naden, Max Pearce, Hunter Ward, Jeremy Boulton and Tyson Wilkins (CC).

Year 9 and 10 Sport
Term 3 has seen the introduction of Gymnastics as an option for Year 9 and 10 Wednesday Sport. Over the term, Central West Gymnastics will offer students the chance to work with the spring floor, mini tramp, and trampoline, as well as develop a range of skills on various gymnastic apparatus. Students this week were able to try out floor work, the trampoline and the mini tramp. It is sure to be an exciting term, where students will develop their skills. We could have a bunch of flying acrobats by the time week 10 creeps around. Take a look at some of the activities!

If you think you might like to give it a trial speak to Miss CJ during recess or lunch to make arrangements.
9/10 Girls Touch
On the 26th of June the Year 9 and 10’s boys and girls participated in the All School NSW Touch Carnival in Bathurst. The students played in a wonderful spirit throughout the day.
The girls played a total of 4 games before the finals. In the first game we came up against Lithgow High, it took the girls a little bit to get warmed up. But it wasn’t long before we saw the first try, through our specialist winger Sammie Kudrins. The girls defended extremely well making it impossible for Lithgow to find the try line. Erin Naden then showed her skills and managed to score, taking the final score to 2-0. The second game we faced Kandos High School. The girls managed to work together and get a nice win 4-0 with Jada Murphy getting a double, Sammie Kudrin and Erin Naden scoring again. In the third game we played a tough Mudgee High School, but our high level of ability and communication proved to be too good and made it difficult for Mudgee to compete at our girls’ level. This saw the girls get another victory 3-0 with scorers being Nailani Lang, Jada Murphy and Claire Whiley. By the last game of the normal rounds the girls had hit their peak and were playing fantastic Touch Football. The middles Nailani Lang, Erin Naden and Emily Melnik showed excellent skills in directing the play and we were looking very dangerous when we had possession of the ball. The final score against Young High School was 6-0. Tries were awarded to 2 x Grace Khattar, 2 x Nailani Lang, Emily Melnik and Erin Naden. This saw the girls enter the finals undefeated in 1st position. In the semi-final we played against Mudgee High School. The speedster Erin Naden was Mudgee’s worst enemy. She displayed some fancy footwork and managed to score a hat trick. Destinee Navale also crossed the line for a double taking the final score to 5-0. The girls entered the final looking very promising, they were undefeated and had no tries scored against them all day. In the final they played Lithgow again. However, by this stage the girls were exhausted and were unable to continue at the speed and skill level they displayed all day. Lithgow managed to score 2 goals against us during our stage of fatigue. Although, the girls showed a never give up attitude and this saw Erin Naden find the try line, taking the score to 2-1. However time and fatigue was not in our favour and we were unfortunately beaten in the final. The girls should all be very proud of their achievements.
Girls Team
Nailani Lang, Emily Melnik, Emily Merchant, Erin Naden, Jada Murphy, Destinee Navale, Grace Khattar, Jayarnah Pamount, Sammie Kudrins, Claire Whiley.

School Gym / Strength and Conditioning Facility
It’s open and available for use. Consent and membership forms available now!!

Ski Trip - Finalised
It’s on very soon!
Bring on the Snow!!
Year 10 Crossroads Senior PDHPE Camp

Where- Sydney Academy of Sport and Recreation- Narrabeen
When- Wednesday 3-12-14 returning Friday 5-12-14 (Wk 9 Term 4)
Who- All current Year 10 students

General Details-
As a student of Canobolas High School Year 10 you are invited to our 1st Annual faculty based trip to be held at Sydney Academy of Sport.

Crossroads is: A Personal Development and Health Education Course for Stage 6 which is mandatory for students in NSW public schools. Schools are to implement Crossroads for a minimum indicative time of 25 hours. The course extends the learning experiences of students in Years 7-10 Personal Development, Health and Physical Education. Course content is divided into two focus areas:

1- Working at relationships
2- Drug issues

# If your son/daughter is unable to attend, school will run as normal during camp time and they will complete an alternative theory/online activities booklet to be submitted to the Principal for accreditation of course completion before the commencement of the 2015 school year.

For those who are able to attend the course in Sydney we will be leaving Orange Railway station at 6:00am on Wednesday 3 December and travelling by Mt Panorama coaches to Narrabeen where we will be hosted by ‘Sydney Academy of Sport’. We will participate in a variety of theoretical lessons based on Drug education and Safe and Respectful Relationships, along with practical challenge recreational activities such as canoeing, high ropes, archery, sailing, rock climbing and other sport and recreation activities. On Friday we will return to Orange, arriving in the evening approx 7:00pm at the Orange Railway Station.

For more information about the program and accommodation you can check out:-  http://www.dsr.nsw.gov.au/sydneyacademy/

What to do next-

Get a note from the PDHPE staffroom.

If you have any questions or queries please contact:

Baden Curran (Year Adviser) or
Mark Skein (Head Teacher PD/H/PE)
Ph 6362 1677

Mr Skein
Head Teacher PDHPE
CITY OF ORANGE JUNIOR TOUCH FOOTBALL COMPETITION

Sign on Day to be held at Waratahs Sports Club Grounds (North Orange).
Wednesday 6th August 4pm - 6pm
$45 per player

All registrations will be taken via an online registration system. All info and links for this process will be on our website and Facebook page from Wednesday 23rd July 2014. Please look at these pages for all information. Payment will still be collected at our sign on day or before you play your first game.

For further information call 0403 641 059 or email orangejuniortouch@yahoo.com.au.

Website: http://www.foxsportspulse.com/assoc_page

Cavaliers Cricket Club Sign-On

Cavaliers Cricket Club will be holding a general sign-on day for all players interested in joining Orange’s most progressive cricket club in 2014/2015 –

When - Sunday, 31st August 2014
Times - 10am – 12 noon
Where - Riawen Oval (Pavilion)
( Kooronga Avenue in Westlea)
Who - All players interested in joining teams for Kanga’s (6-8 years), Under 10s, Under 13’s, Under 14s, Under 16’s and Seniors (1sts, 2nds & Centenary Cup)

More info -
Chris Martin - 0421 953 275
Stuart Middleton - 0404 692 340

We hope to see you there!

Do you have books you’ve grown out of? Why not recycle them so a new class of kids can enjoy them.

Orange Public is holding another Book Yard. Please drop your donations to the office in Kite St and come along on August 23rd to get some new titles to fill those empty shelves.

The Book Yard
is held at the
Orange Public School Heritage Hall
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FoodCare Orange gives individuals and families on low incomes access to food and household items in an affordable manner. It’s a community service run by volunteers that helps people to access good quality food and household items in a caring and supportive environment.

What is Food Care?
FoodCare Orange is a community service run by volunteers that helps individuals and families access good quality food and household items in an affordable manner.

When is FoodCare open?
FoodCare is open every Tuesday morning from 9.30 am to 12.30pm

Where do I find FoodCare?
FoodCare operates at the Glenroi community Centre, Garema Road Glenroi.

How does FoodCare Work?
Customers present their membership card and pay a small service fee for their selection - from pantry, personal, and fresh items on offer.

Who is Eligible?
Any individual or family with a Centrelink Pension card or Health Care Card, or in genuine need due to unforeseen circumstances is eligible to use FoodCare.

How do I Join?
To join, simply drop into the Glenroi Community centre during opening hours with your Centrelink or Health Care card and proof of address, such as drivers license or a bill.

Need Transport?
If you need transport to access FoodCare, call Community Transport on 02 6362 6554.

Like to Help?
We need volunteers to collect food, unpack our deliveries, and help in the shop. If you have some spare time and are interested in helping, phone Anne on 02 6365 3550 or email annehopwood@bigpond.com