Yr 12 Physics visit Mt Piper Power Station

Canobolas High Year 12 physics students visited the Mt Piper Power station as part of their Motors and Generators module of the HSC Physics course last week. The importance of electricity to our modern, western, technological life cannot be denied. This excursion allowed the students an extensive tour of the site to fully understand the energy conversions that transform coal into AC electricity and how it is distributed across the state. We really appreciate the time Leo Smith and Bob Roberts gave up in order to explain clearly the large scale production of electricity. With electricity costs and global warming due to burning fossil fuels, to very current issues in the public eye, this excursion really added depth to students’ understanding of the role physics plays in meeting the energy needs of our society.

Students left to right: James Napier; Chris Gogala; Vince Warner; Josh McDonell; Alex Elliott; Matt Ronan

Mr Bill Adams
e2 Co-ordinator
Welcome to week 10. With only a week until the end of term 1, this will be our final newsletter for the term. We have had an exceptionally busy term and largely a very successful one. On Wednesday evening we were fortunate to have the opportunity to meet with many of you at our Parent Teacher evening. I would like to thank you for your attendance and I trust that you were able to speak with many of your child’s teachers. If you were unable to attend on Wednesday and you would like to speak with your child’s teachers, please contact the office and make an appointment to speak with the teachers over the coming weeks.

All students received their term 1 progress reports on Friday last week. These reports are an indication of how your child is progressing in 2014. If you did not receive a copy, feel free to call the office and we will send one or email one to you.

**Indigenous Parent Teacher Evening**
Last week we held our first Indigenous Parent Teacher evening for the year. Thank you to those parents who came along. I am sure you would have felt very privileged to see the performances of our talented students and to engage in discussions with our staff.

**Athletics Carnival**
Next Thursday we will be holding our 2014 Athletics Carnival at our school. All students are expected to be in attendance and participate on the day. Parents and caregivers are more than welcome to attend and support their children. Friday next week will be a normal school day.

**P&C Meeting**
Our last P&C meeting for the term will be held in the administration building of the school on Wednesday 9th April beginning at 6.30pm. We will discussing the purchase of a second bus for the school as well as potential changes to the school uniform. If you would like to become involved in our school P&C, please come along and meet some of our active P&C members.

**Congratulations**
A huge congratulations to Michelle Einsaar and her partner Matt. Michelle gave birth to a beautiful baby boy Daniel Ivan Einsaar on Wednesday 2nd April at 4.45am. Both mum and bub are doing well.
Term 2
Term 2 will begin for students on Tuesday 29th April 2014. Staff will return to school on Monday 28th April and will be participating in ongoing professional learning on this day.

You can now make Online Payments
It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website by selecting Make a payment.

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called Other to cover items not covered in the previous headings. Other can be used to make a complete payment of a school invoice.

When you access the Make a payment you must enter:
- the students name, and
- class and reference number OR
- the students name, and
- date of birth.

These details are entered each time you make a payment as student information is not held within the payment system. There is also the option to enter the Student Registration Number and Invoice number if you are aware of them, these are optional fields.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child’s account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office.

I hope you have a wonderful Easter vacation period with your family and I look forward to seeing you in term 2.

With my warmest regards

Chad Bliss
Principal
Why Do we have homework?

Homework in secondary school serves many purposes. It could be to consolidate or check or extend the learning from the day or prepare for the learning to come in subsequent days. It could be to do with longer term work such as assignments or preparing for tests and examinations. Ultimately it comes back to what school is all about - learning.

Learning not just content, but learning and developing skills. At times students we need to look beyond the content to the purpose of the learning exercise. At times the content will be a vehicle to teach particular skills. Much of what students learn in Mathematics develops the problem solving circuits in their brain. When they are analysing Shakespeare they are learning not just about Shakespeare but to think critically and expand their point of view and broaden their experience of the world through examination of different lives, emotions and experiences. The message is that everything learnt at school has purpose and value, even if students can’t quite see it at the time.

There is much debate in the media as to the value of homework. In Primary school it has been shown that only a small number of students actually benefit from doing homework in terms of academic achievement. The exception to this is reading at home - every student benefits from this. However the other benefits can’t be discounted: developing independent working skills, establishing study routines necessary for learning in later years, helping students master things they are struggling with and allowing parental involvement. In secondary school homework has been proven to be an essential component of academic success in the senior years. The reality of Year 11 and 12 is that a large component of independent learning needs to be undertaken at home. One of the biggest problems for students transitioning to the senior years is that they have not learnt to work effectively and efficiently in the home environment. This is why developing good habits and learning to do at least a solid hour a day of home study is essential in Years 7-10. It is also about developing the qualities of discipline and perseverance, both essential for senior studies. Students will not like every subject equally, students need to learn how to make themselves do the work even for their least favourite subjects.
So what can students do to manage their homework effectively? Have students try these top tips:

1. As soon as you get home unpack your bag before you have a break and something to eat. Lay out all the work first. It is easier to get started if you have everything ready to go.

2. Before you start work, write a list of what needs to be done and decide what order you will do it. Focus on what is most important, not just what subject you like best! Also write down how long you think each task will take to do.

3. Keep in your mind that it is all about learning. Try and look beyond the actual content to what type of skill this homework might be developing in you - analysing critical thinking, writing skills, or problem solving skills for example.

4. Do your work in 20-30 minutes blocks with no distractions during that time. So switch off the TV, turn off your phone for that 20-30 minutes. When you just focus on the work that needs to be done you'll be amazed at how much work you complete. Of course if you are on a roll, you can keep going past the 30 minutes.

5. If there is a task you really don't want to do then alternate this with a task you enjoy doing. For example 15 minutes on the homework you like, 5 minutes on the homework you don't like. When you chip away at it you will be surprised how quickly you get through the work.
As Term 1 comes to an end we ask that students in Years 7-10 return any novels that they may have borrowed. We also ask them to reflect on the work they have done over the term and ensure that their bookwork is neat, tidy and up to date. A few things to take note of this fortnight.

**Big Day Out for English**

Notes for the Big Day Out for English went out to Year 12 Students on Thursday of this week. Only a limited number of Expression of Interest forms were returned for this event and as a result we are only able to take 23 students. Students who return their notes and payment first will reserve their position for this valuable learning experience. The excursion will take place on Friday, Week 2, Term 2 (09/05/2014) and we ask that a deposit is paid to the school office by no later than the last day of Term 1 (11/04/2014). The cost for this excursion has been further reduced from $85 to only $70 so students will need to get in quickly with their permission note and payment.

**1984 – Performance at Orange Civic Theatre**

On Friday 11th of April 2014, Year 11 Drama students and Year 12 Extension English students will be viewing a stage performance of George Orwell’s classic dystopian novel, 1984. Drama students will benefit from this event by examining The Elements of Drama, whereas Extension English students will see a classic Science Fiction text come to life on the stage in what is sure to be awe inspiring production.

**Year 12 Holiday Revision**

As Year 12 finish their Half Yearly Examinations they need to start thinking about their last two terms of school and cementing into place a structured revision plan. English teachers will work with their Year 12 classes early during Term 2 to establish appropriate study and revision programs for their relevant English courses. However, in the meantime I would suggest that all HSC English students reread their prescribed texts, look for appropriate related texts for their modules and electives and practise a number of writing tasks that they can give to their teachers for feedback.

**Year 12 Creative Writing**

This issue’s student work piece was composed by Eliza Chapman in her Year 12 Half Yearly Examination and focuses on the HSC Area of Study, Belonging.
Belonging

You know the blissful second right before you wake up, the second before you come aware of the stresses of life going on and are free? I could live in that second. The shrill shriek of the ugly grey bird perched up on the branch above me startled me awake. The cold air slapped my bare cheeks and the dull ache in my legs reminded me of what lay ahead. The bird continues to scream, reminding me I was an intruder. “Yes, I know.” I mumbled to the thing. It seemed to quiet down. I begrudgingly stood up out of my makeshift bed for another day’s work.

It had been 5 days. I had been trapped in the freezing snowy Alps of Australia. It had all begun as a single expedition. Hopelessly lost, I glared at my tattered and torn, smeared with dirt map, pressing for answers. I made the decision, I should go left. I squelched through the thick snow, descending half a metre into it with every step. The vast, foreign landscape seemed to threaten me every time I took a step. “Take another one... I dare you,” it seemed to whisper with hostility. I continued on despite this and reached a clearing. I took a second glance at the ‘prison’. I had been trapped in for what seemed like a lifetime.

Suddenly it was a prison no more. I was transfixed by the scene, modest beauty! The snowy tipped mountains in the distance which would surely go on for no shorter than forever, the way the light dappled through the colossal trees, hitting down in a kaleidoscope of patterns offered me another perspective, a transcendental even spiritual viewpoint. I never knew it was possible to be totally in awe of something, yet so terrified of it simultaneously. I was the sole, distant bird, which I occasionally saw flying dreamily through the storm clouds above as I drearily trudged through the shrubbery below. I was a small, insignificant speck.

Suddenly the smell of the kindling reminded me of Pop’s tobacco. The howling of the wind through the trees made me think of the constant chatter and bickering between my siblings and I could stay here no more. This once eerie, mysterious landscape oddly comforted me now. I could not tell you how many pristine, solitary glances I caught of my surroundings or how many times I slid, tripped or clumsily fell on the ice cold glistening ground or how many times I studied the vast, foreign trees but I eventually set up my “bed” for the night.

My epiphany had awoken me to the beauty of the land like never before and had widened my knowledge further than ever. I longed to learn more, do more and be more. To expand my knowledge like the ever growing trees. I then feared... I hoped with all my might I would wake up at all, with or without the blissful second of the unknown.

By Eliza Chapman Year 12

Mr Nicholas Williams
Head Teacher English
Child Studies

Takia McLean, Tahnee Boney, Natasha Spicer, Georgina Clark, Zali Pettit, Jessica Whan, Sharnell Nitto, Rebecca Clarke, Chloe Dittmar, Shakira Lutkie, Makyala Sampson and Cheyenne Smith of Year 10 Child Studies visited Orange East Public School on Thursday 2nd April. As part of their current unit ‘Play and the Developing Child’ the girls went and read a book which they had selected, to the two kindergarten classes and then organised a variety of games for the students. This was not only a part of their assessment task but also provided each of the girls with an insight on working as an infants teacher and developing a better understanding about the abilities of children at this age with whom they may wish to work in the future. The kindergarten staff were so happy with the way in which our Year 10 girls worked with their students that they have invited us back again – an opportunity we hope to take up in Term 2.

Our Child Studies subject has recently acquired a ‘pregnancy profile’. This new resource will help our students to develop a greater understanding of the field of child studies and being a parent. The pregnancy profile allows each of the students to wear a weighted vest that allows both male and female wearers to experience many of the effects of the third trimester of pregnancy. Some of the effects they will experience will include:

- Body weight gain of approximately 11.3 kgs.
- Having enlarged belly and breasts
- Elevated body temperature
- Pressure on the bladder from foetal head
- Pressure from foetal limbs
- Foetal kicking movements
- Difficulty in walking, bending over, sitting down etc.
- Shortness of breath
- Changes in body image
- Increased fatigue
This is an exciting resource that we have worked hard to acquire for our students and we hope they embrace the opportunity to wear this vest and further develop their knowledge in preparation for the lives they may lead beyond our classroom.

**Farewell Miss Robinson**

Sadly, the Home Ec Faculty is biding a sad adieu to one of its loved faculty members at the end of this term. Miss Ashlee Robinson is leaving us to move to Canberra so that she can be closer to her partner and family. During her 3 years with us she has been an asset not only to our faculty, teaching across all subject areas and organising and assisting in many hospitality functions and numerous excursions, but to the whole school, taking on many roles including the roll of Year Adviser to our Year 11 students. She is an integral part of our faculty and our school, and she will be greatly missed by all. We wish Miss Robinson best of luck for her future.

![Goodbye!](image)

**Year 10 Food Technology Gourmet Pizza Practical Assessment**

This term Year 10 Food Technology students have been completing a unit of work on Food Product Development. As part of this unit, students had to design and make a gourmet pizza complete with their very own pizza box design. We had some extremely creative gourmet pizza designs including strawberry crumble, curried sausages, spaghetti and meatballs, marshmallow and jaffa, and taco pizza just to name a few. There were also great pizza boxes with some impressive logo designs. All students enjoyed completing this task and showed great skills in the hygienic and preparation of their pizzas. Congratulations Year 10 Food Technology students!
Mrs Merryn Lynch

Home Ec Head Teacher
On March 20th and 21st 30 students from art classes in year 11 and 12 attended a two days of art and fun in Sydney. Coinciding with the opening of the 19th Biennale Of Sydney “You imagine what you desire” students saw fantastic examples of contemporary art at the Museum of Contemporary Art, the Art Gallery of NSW and after a short harbour cruise, on Cockatoo Island. These works by international artists, invited audiences to interact and play with the work in order to discover emotional and conceptual insights to the human imagination. Students also saw examples of the best artworks from last year’s HSC art students at Art Express, at two venues in the AGNSW and at The Armoury at Sydney Olympic Park. Along with some late night shopping, the student’s were stimulated and inspired to introduce new ideas into their own art making practice.
Come to the Library and borrow these new books ready for holiday reading.

**Night Vision** by Ella West is both informative and gripping. The protagonist, Viola, has a rare genetic disease, XP, which means she is sensitive to UV rays. She lives on a farm in NZ and only ventures out at night, wearing night vision goggles. One night she thinks she sees the burial of a body as well as of a bag containing $1 million. She moves the money onto her farm without telling anyone. An exposé of her night ramblings in the local newspaper alerts the murderer and what follows is a tense cat and mouse chase, as well as the exploration of intriguing ethical issues. Is it OK to steal from a thief? What if the thief/killer comes after you and your family? This heart-thumping thriller will leave you breathless.

The **Bourne Identity** meets **The Terminator** in the fast paced techno-thriller **Machine Wars** by Michael Pryor. A super intelligence has emerged which can control any machine connected to the net. The book has an evil Artificial Intelligence, murderous machines, a main character Bram who learns that chase scenes are not so much fun when your whole life becomes one, all linked together with a wise-cracking robo-duck in a world where machines get tired of serving. But how do you survive when any machine can turn against you? Machine Wars. Trust no-one not even your blender! This book should be especially appealing to boys in Years 7 to 10.

A brotherhood of treasure hunters. A terrifying enemy. Five young recruits. The race is on! **Brotherhood of Thieves: The Wardens** by Stuart Daly is a new fantasy novel where the recruits, riding magical beasts called Wardens, leave the sanctuary of their training grounds to seek the lost magical weapons of an ancient race which will help them fight the Roon. Will their first mission also be their last? Meet dragons, griffins, manticores and Pegasus in this highflying magical fantasy. **Brotherhood of Thieves** is a non-stop action thriller that has a mysterious and completely unexpected twist on every page and makes the reader feel he too is slaying a deadly Roon.
Over 100 years ago the world celebrated the opening of the Panama Canal, which connected the two largest oceans and signalled America’s emergence as a superpower. Thousands lost their lives and those who survived worked under the harshest conditions for only a few silver coins a day. *Silver People: A Tale from the Panama Canal* uses a variety of voices, from the people who laboured to build the canal to inhabitants of the endangered rainforest itself. Margarita Engle presents this historical fiction in verse and leaves the reader to ponder whether the end result justified the means.

Make mention of the Black Death and we think of Europe in the 14th century. Our historical fiction offering this month looks at the arrival of the Black Death in Brisbane in 1900, when fleas carried by rats on ships came visiting. What happened next plunged the river city into panic. In *The Ratcatcher’s Daughter*, thirteen year old Issy becomes an unwilling ratcatcher when the illness of her father forces her to try and end the quarantine of her neighbourhood. Written in the first person the reader learns what it was like in Brisbane at the time. Ratcatchers earned big money of two shillings per dozen rats, outdoor dunnies and chamber pots were the order of the day and if you were poor you left school at twelve, whether you wanted to or not. It also explores the racial attitudes towards Chinese and Islanders and “old wives” tales and remedies of the day, like wearing a block of camphor in a bag around your neck!

Don’t forget to return/renew your library books every two weeks. Someone else might like the opportunity to borrow that book too.

*See you in the Library soon!*
Support unit classes 5CSP & 6CSP enjoyed playing golf for PD/H/PE. Mitch Heywood shows a bit of style ..... The next Tiger Woods perhaps ....
TOUCH

On Monday March 31, Canobolas hosted Orange High School in the Open Boys and Girls Touch football.

From the beginning of the game it was easy to see that the girls had been training together since their last game against Bathurst. They showed improvements in their overall defence and driving of the ball down the field. While Orange High crossed fairly early in the game, the girls responded strongly, with the half time score showing Orange High leading 2-1 with Brianne Wise crossing the line. The heat created a challenge for both teams in the second half, but the girls did not give up and we saw Emily Melnik cross for one more try. They worked hard for the entire game, encouraging each other and working well as a team. Erin Naden, Emily Melnik and Nailani Lang proved invaluable in the middles with strong driving efforts, while Kalika Fuller, Alinta Fuller, Maddy Griffiths-Leonard and Megan Dodds provided support and worked hard throughout the entire game. Kyeisha Dixon and Claudia Billiau made some good plays up the side of the field, while Grace Khattar and Keira Mundy showed great attacking efforts. While OHS snuck in a few more tries, the girls played hard until the last whistle. They are to be commended on their attitude on the day, and their overall effort. Well Done!

The boys started off strong and held tight in their defence straight from the beginning. Both teams came out firing and ready for a hard, fast game. While Orange High snuck in for an early try, Tyrone

Scaramella-Rowe, Dale Jones and Brodie Christopherson continued to show their brilliant driving in attack, and we closely followed with a try by Jayden King. By half time Orange High had crossed the line three times to our one. The boys came off with determination, and strategies were suggested to keep up with the strong OHS team. Early in the second half Brodie Christopherson dived over for our second try, giving the boys some extra motivation. Will Christopherson proved an asset in the middles working hard for the entire game, and Kyle Lewis continued his great encouragement and talk from on and off the field.
Sam Palaki, Joey Mateo and Brodie O’Neill-Mason were consistent and held their own. Epa Navale squeezed through some defence in the last minute to make the score 4-6. Overall the boys played really well, improving on their last performance against Bathurst and should be congratulated for showing great sportsmanship on the day.

**NETBALL**

On Thursday March 20, 10 girls went down to the PCYC to participate in the Western Area Divisional Day. The first game saw Canobolas versing Blayney, where we made a firing start, keeping up with the fast pace that Blayney set. The defence of Kirsten McIntyre and Taylor Taufa ensured we kept Blayney goals to a minimum, while Megan Dodds and Lebeka Masila worked hard moving the ball up the court. After a hard-fought first half, the score stood at 6-all. Blayney hit back hard in the second half, tightening their defence to restrict our team to only one goal, the final score finishing at 12-7. Our next opponent was Oberon, where the ball appeared a lot more in our attacking end. Alinta Fuller, Maddy Griffiths-Leonard and Kyiesha Dixon worked tirelessly in the midcourt, while Sharni Dixon seemed to score baskets from all around the circle. The girls played hard for the whole game and came away with a convincing win of 18-3. The toughest game of the day was against Kelso, where it was a battle to come second in our pool. The girls were a bit slow to get started and Kelso managed to get a small lead. Kalika Fuller worked hard all game to maintain possession and bring the ball to our attacking end. Rhiannah McIntyre and Alinta Fuller proved invaluable in defence, continuously working for rebounds, with Kirsten McIntyre and Kyiesha Dixon working well together in the shooting circle. While the girls fought hard all game, sadly they went down 13-18, resulting in a final match against Condobolin. After a long day in the sun, the girls produced some lovely plays and managed to show some class against Condobolin, finishing the game with a handy 24-10 win. Congratulations to all girls for their fantastic representation on the day.

After a long day in the sun, the girls then had trials for Western Netball. Congratulations to Kirsten and Rhiannah McIntyre who were both selected to try for the possible-and-probables, of which Kirsten has been chosen to represent the Western Region team who play in Coffs Harbour, Week 5 Term 2. Fantastic effort everyone! And congratulations to Mrs Hurford for a successfully organised day!
Rugby League
On Tuesday the Under 16’s Rugby League team won their first game of the Tom Kemp Shield against Blayney. Throughout the game the Canobolas boys showcased some of the best and most brutal defence you will see in a junior game. The boys struggled to capitalise on their fantastic defence with errors costing them field position in attack. This provided the Blayney team with excellent attacking opportunities which they were able to capitalise on. Yool Yool kept Canobolas in touch with the opposition by slicing through the defence for a great individual try. The game seesawed until midway through the second half when Feleti Mateo charged through the defence for a try and then Jordan Khattar took an Israel Folau like catch to claim another four pointer. The match finish 24 – 18 to Canobolas. Next round will be against Kelso High with all supporters welcome to come cheer on a very exciting Canobolas team on for another win.

CHS Volleyball
Last week Western Region School Sport hosted the NSW CHS Boys Volleyball Championships at the Orange PCYC. Mrs Hurford managed the carnival for Western, it was a very successful week. Yr 12 Sport, Lifestyle and Recreation and some students from Year 9 and 10 sport were privileged enough to get the opportunity to check out some of the action and learn more about top level volleyball. Both Boys and Girls School Volleyball teams will be contesting our regional champs very early next term.
Open Boys Hockey

Congratulations to Luke Skelton who was selected in the Western Area Open Boys Hockey Team!!

Canobolas boys travelled to Bathurst on Wednesday for the annual Western Area Knockout Gala Day.

It was a tightly contested day with lots of close games. In the game that counted the most for Canobolas, the boys were defeated in a fast paced game 3-2 against Dubbo College. Dubbo went on the make the final of the event so this was a fine effort by the boys.

In the second game Canobolas took Orange High to a 5-5 draw and then went on to be defeated in penalty strokes. In the final game of the day the boys had a 3-3 draw with Kelso.

Overall it was an excellent day! The boys were fine representatives of Canobolas High School. Special thanks go to Mr Pelley for assisting on the day and all the other parents who drove cars and supported the boys.

Well done guys and congratulations Luke Skelton who is off to Wollongong next term representing Western at the NSW CHS Championships.

REMINDER:
IF YOU DON’T BRING YOUR NOTE AND MONEY BACK TO THE OFFICE BY THE DUE DATE YOU WILL NOT BE ALLOWED TO ATTEND THE EXCURSION. NO LATE NOTES ACCEPTED.
Boys Tennis
On Tuesday the 25th of March, Canobolas took part in the annual CHS Tennis Knockout. We were lucky enough to host the first round of the boys competition here at the Orange Indoor Tennis Centre against Kelso High. The team of 4 boys played well against the older Kelso team but unfortunately on the day where taken out of the competition. A special mention to Year 10 student Cee-Jay Ah-See who was able to back up from his win in a local junior tournament the weekend before with a very impressive win in his singles event. At the time of writing we are looking at holding the girls second round also against Kelso High towards the end of Term 1.

A big thanks goes out to all the players including:
- Trent Wilde (Yr7)
- Daniel Mateo (Yr8)
- Max Pearce (Yr10)
- Cee-Jay Ah-See (Yr10)
Under 15s Boys Football
Term 2 is always a busy time for school football, and this year it has been no exception! The Under 15s side has participated in the Bill Turner Cup – the largest sporting knockout in Australia.

The Under 15s hosted Orange High in round one of the Bill Turner Cup at Old Canobolas Stadia. On what was a beautiful day for any sport, our boys started well, only to concede an unlucky early goal.

The team settled after this early wakeup call and played some good counterattacking football through the middle, with Jeremy Boulton leading the way. Troy Osborne marshalled well across the back and the introduction of the towering Keru Frost settled things in the centre of defence. Hunter Ward kept well in goal during the first half.

The second half started as the first ended, with some excellent shots on goal. Josh Beasley provided plenty of run up and down the right wing, along with Mitch Goodacre and Jacob Skelton up front. However, luck plays a big part in football and it didn’t fall our way this year, as we conceded two more goals before the game was done. This was despite the efforts of our busy defensive line and best on ground Hugh Farley making continual saves in goal.

They boys were outstanding representatives for the school, in a clean game that saw no free kicks awarded for fouls. Well done on an outstanding effort boys!

Mr Scott

Bill Turner Cup coach
Athletics Carnival next THURSDAY 10th April
On Thursday the 10th of April Canobolas High School will compete in its annual Athletics Carnival held on the school grounds.

The grounds are being prepared and marked in anticipation of the big day.
Ski Trip - Some Spots Still Available

Where- NSW Snowy Mountains (Perisher)
When- 13-8-14 returning 15-8-14 (Week 5 Term 3)
Cost- $520.00 includes breakfasts, lunches and evening meals, accommodation, transport, national park entry and lift tickets/lessons and hire of all ski equipment, compulsory helmet and clothing.
#Snow boarding rather than skiing is an option for an extra $30. Please contact Mr Skein if you are intending on snowboarding for the 2 days.

For more information about the resort and the accommodation you can check out-
www.snowgatemotel.com.au (Berridale)

What to do next-
Discuss it with your friends in your class and your parents and decide if you would like to come along.
See Mr Skein for a permission note to return to the office with a deposit ASAP to secure your place.
If you wish to set up a payment plan for the trip please contact the school.

Further information about the excursion and what to bring, it will be included in a letter when final payment has been made.

Term 2 Sport Choices
ALL STUDENTS SHOULD HAVE SELECTED A SPORT FOR TERM 2 BY NOW. SEE MISS CJ URGENTLY IF YOU HAVE NOT CHOSEN YET

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<td>Year 10 Futsal – PCYC = $3.00</td>
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<td>Year 9 Ten Pin Bowling = $7.00</td>
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<td>Year 10 Ten Pin Bowling = $7.00</td>
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<td>Gym- Central Fitness = $4.50 + $4.00 (Bus)</td>
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Year 8 Sport A and B

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**PDHPE Assessment Reminders**

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<td>Study First Aid for upcoming test</td>
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<tr>
<td>Yr 9 PDHPE</td>
<td>Mental Health Task</td>
<td>DUE NOW</td>
</tr>
<tr>
<td>Yr 10 PDHPE</td>
<td>Smart Party Plan</td>
<td>April 7</td>
</tr>
<tr>
<td>Yr 12 PDHPE</td>
<td>Core 2 Performance Booklet</td>
<td>OVERDUE</td>
</tr>
<tr>
<td>Yr 9 Dance</td>
<td>Technique Performance Analysis</td>
<td>April 8</td>
</tr>
<tr>
<td>Yr 11 Dance</td>
<td>Core Performance</td>
<td>April 10</td>
</tr>
</tbody>
</table>

#Please check the table above for your class.

**Regional Sport Trials**

If students are interested in trialling for Western Region Sports Teams this term please see the PDHPE staff for more details. Please note that your parents would be expected to transport your child to the majority of these trials.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>TRIAL DATE</th>
<th>CLOSING DATE</th>
<th>VENUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lawn Bowls</td>
<td>9th April</td>
<td>TBC</td>
<td>Parkes</td>
</tr>
<tr>
<td>Rugby League</td>
<td>10th April</td>
<td>24th March</td>
<td>Peak Hill</td>
</tr>
<tr>
<td>Rugby Union</td>
<td>4th April</td>
<td>26th March</td>
<td>Parkes</td>
</tr>
</tbody>
</table>

**The Word Is Out!!!**

Yes.... coming to Canobolas High School early Term 2, Canobolas High School’s first ever gym. Stay tuned for more information. Yes you may have seen this on the PDHPE and sport facebook site, this early morning delivery was a large truck full of high quality commercial gym equipment for our new gym!

*Mr Skein*
*Head Teacher PDHPE*
NOTICES

Orange City Junior Rugby Union Club

Seeking Players for 2014 season
For Our U13’s and U17’s teams

For further details
http://orangecityjuniors.rugbynet.com.au
Tony 0435025181

OR

Orange City Junior Rugby Union Club

Is seeking Players for 2014 season for our U13’s and U17’s age groups.
For further details contact Tony 0435025181.

http://orangecityjuniors.rugbynet.com.au

School Holiday Clinics

Hey mums & dads,

Are you looking for some great fun activities for your children to be involved in these April School holidays? AFL NSW/ACT will be running a school holiday clinic for boys and girls aged 4-12.

Bathurst: Mon Apr 14 - George Park, Browning Street – 10:00am-12:00pm
Orange: Mon Apr 14 - Jack Brabham Park – 2:00-4:00pm
Young: Tue Apr 15 – Burringong Oval, Burringong Hall Road – 10:00am-12:00pm
Cooma: Tue Apr 15 – River Park, Vaux Street – 2:00-4:00pm
Forbes: Wed Apr 16 – South Circle Oval, King Street – 10:00am-12:00pm
Parkes: Wed Apr 16 - Cheney Park, Station Street – 2:00-4:00pm
Dubbo: Wed Apr 23 – South Dubbo Oval, Boundary Road – 10:00am-12:00pm
Mudgee: Wed Apr 23 – Victoria Park, Perry Street – 2:00-4:00pm

* Venues subject to availability

COST: $30 includes a NAB AFL Auskick School Auskick bag with synthetic Sherrin football PLUS a drink/snack

Register by April 7, but pay on the day. To register, go to: www.aflcentralwest.com.au and complete the short online registration. It’s that easy!

No previous AFL experience required – just the willingness to have heaps and heaps of fun.

For more information, contact Kelsey Smith on 0417 808 646 or kelsey.smith.aflcentralwest@gmail.com.
Anson Street School
invites you to the...

‘Truckies and Tradies’ Fundraising Ball
Saturday June 14th 2014
Orange Ex Services Club

Tickets $80 pp
Includes a 2 course meal and entertainment by Pat and Kellie O’Donnell

Raffles and Auctions will be run on the night with lots of fantastic prizes!
All funds raised will go to the Anson Street School Automotive Program

Tickets available from Anson Street School
Contact: Elke McGrath
Phone 6362 4563
YOUTH WEEK
4-13TH APRIL 2014

EVENTS IN ORANGE

FRIDAY 4TH APRIL
Multi Day @ local High Schools as fundraiser for Ronald McDonald House

TUESDAY 8TH APRIL
YOUTH WEEK Fun Day & BBQ
3-6pm @ North Court **FREE EVENT**

FRIDAY 11TH APRIL
Art Show & Photo Competition
4-7pm @ Orange City Library **FREE EVENT**

SATURDAY 5TH APRIL
‘BIG AIR SCHOOL—ROLLING TOUR’
12pm @ Anson Street Skate Park **FREE EVENT**

SATURDAY 12TH APRIL
YOUTH WEEK GALA
7-10pm @ Orange Ex-Services Club
Tickets $15—available from Youth Connections 0361 3061

For more information go to:
—Orange Connections
—Orange City Life

www.Youthweek.nsw.gov.au
YOUTH WEEK FUN DAY

When: Tuesday 8th April 2014
Time: 3pm – 6pm
Location: North Court
(Behind the library)

Photo Booth
Rock Climbing
Bouncy Boxing

Come along for a fun afternoon and celebrate Youth week in Orange.
Youth Week Gala Night

DJ Dance Party
Dinner + Refreshments
Awards + Prizes
Free Photo Booth

12th April
Orange Ex Serviceman’s Club 7-10pm.
Tickets:$15.00
NO PASS OUTS
Drug & Alcohol FREE event
Contact: Youth Connections 63613061
Youth Week 2014 “Our Voice, Our Impact”
Celebrating Youth Achievements - Orange and Surrounds
Nomination Form

In celebrating Young People’s achievements and triumphs, this year’s Orange Youth Week committee are calling for nominations of outstanding contributions, achievements and personal development of young individuals from within the Orange and surrounding communities.

Nominations will be accepted from family, friends, schools, workplaces and organisations.

Winners will be announced at the Orange Youth Week Gala, 12th April 2014.

Nominations Close 5pm 7th April 2014.

Nominations to:

Email: youthconnections@octec.org.au
Post: OCTEC Youth Connections PO Box 1566 Orange 2800
In Person: OCTEC Limited Old Town Hall 247 Anson Street Orange
Phone: Katrina Hausia: 0413 392 166

Terms and Conditions;
- Nominated young people must be between 11-24 years of age to be eligible to enter.
- Nominated young people will receive a Nomination Certificate, please include the nominated young person’s details in full to ensure that they receive recognition for their efforts.
- Multiple category nominations will require separate nomination forms.
- Nominations will be judged by a panel of Orange Youth Week planning committee members. Judges decision will be final.
- Winners from each category will be contacted by phone prior to the Youth Week Gala Event.
- Nominations close 7th April 5pm. No late entries will be accepted.
Youth Week 2014 “Our Voice, Our Impact”
Celebrating Youth Achievements – Orange and Surrounds
Nomination Form

Nominated Young Person’s Details:

Full Name: ___________________________ Date of Birth: ________________

Contact Phone Number: ___________ Email Address: ____________________

Postal Address:

Please select one of the following categories:

☐ Academic Achievement
☐ Sporting Achievement
☐ Artistic Achievement
☐ Valued Employee
☐ Community Spirit
☐ Volunteer Excellence
☐ Personal Achievement

Brief description of young person (100 Words Max)


The reason for the nomination (300 Words Max)


Please attach supporting documentation if required.

Nominators Details:

Full Name: ___________________________ Contact Phone: __________

Relationship to nominated young person: ________________________