Relay For Life 2014

Miss Hiscox and I were privileged to accompany around thirty of our students on March 8th and 9th at the Waratah’s Sports Oval to participate in the Cancer Council’s Relay for Life. From our perspective the event was a great success, despite the soggy ground and periods of rain throughout the night.

The relay started at 2.00 pm on the Saturday afternoon with a survivors’ and carers’ lap and finished at 10.00 am the following morning. During the event there was a hero dash, cross-dressing competition and many other events. Rory Pogson, Connor Stewart and Harry Betts were great in the Hero Dash which was very amusing to watch, running under hurdles, jumping over mats, running through tyres and a wheelbarrow race with a twist.

At all stages during the event all students were great ambassadors for our school, displaying the qualities of mature young adults. We had students who stayed the night and slept in swags and tents or who came for only a few hours. The fact that they were willing to give up their free time to walk around a soggy oval shows our students are more than prepared to contribute to their community in a meaningful way.

Miss Hiscox and I were both humbled and proud of the way everyone participated. Whilst participants were able to have fun at the event they never lost sight of the seriousness of the cause for which they were walking.
Two of our senior boys, Connor and Rory, walked from 2.00 pm until 3.00 am without a break. When it was suggested to them to have a break at about 7.00 pm, Connor’s reply was ‘Miss I can’t stop, people with cancer can’t just stop having cancer’. A truly humbling moment, so he was left to carry on walking.

Students involved were Ben Crowhurst, Naomi Neuenhaus, Josephine O’Neill, Sarah Samut-Hayter, Kyra Charman, Sean Howell, Alexander Mitchell, Angela Nicholson, Thomas Sanders, Susannah Whythes, Alexander Brown, Eliza Chapman, Larissa Churchill, Taylor Clark, Chris Gogala, Alaannah Golding and Brooke Goodacre. A big thank you the staff who also came and gave up their time to support a great cause; Ms Hutchinson, Mrs Jackson, Mr Williams and Mr Verhoeven and Miss McRae.

Two humble SRC advisers

Sam Hiscox and

Kirsten Hebold
Dear Parents and Members of our School Community

What a huge two weeks we have had since I last spoke with you through the newsletter. We have participated in a wide range of sporting events and excursions including touch football, softball, netball, golf and soccer to name but a few. We have also had a fortnight where we have attended dance workshops, travelled to Jindabyne for a Geography excursion, participated in an excursion for Business Studies, a fieldwork excursion for Geography to Gosling Creek and an Art excursion to Sydney.

We certainly continue to give our students every opportunity to participate in extra curricular activities as well as providing the very best educational experiences.

**Bletchington Bash**
On 7th March, 16 of our Hospitality students and staff attended Bletchington PS annual fete, the Bletchington Bash. Despite the inclement weather, the rain held off and our students tempted the local community with decadent desserts including cheesecake, caramel tarts, trifle, profiteroles and a whole lot more. Congratulations to all students who dedicated themselves to this event. It was a wonderful afternoon.

**Relay for Life**
On the 8th and 9th March our school entered a team of 34 students and staff in the 2014 Relay for Life Event in Orange. Along with this, our Hospitality team doubled up events over the weekend to cater for the Relay for Life event. The positive publicity I have received from so many members of our community about how our students conducted themselves and what they were able to achieve over this weekend was truly humbling. Congratulations to all of our students and staff who participated in this event.

**Farewell to our Japanese Friends**
On 13th March, we farewelled our Japanese friends and their teachers as they headed off on the next part of their cultural exchange in Australia. I would like to sincerely thank Mr Vince Lovecchio for all his hard work in putting together an outstanding program of events for our guests as well as to our student and staff host families who looked after our guests as if they were part of their own family.
I am told there were many tears when our friends left us on the 13th March. We have already had one information session on 18 March for students wishing to attend Japan as part of the reciprocal visit in September. If you are interested, please speak with Mr Brown or Mrs Hawke.

**Open Classroom Afternoon**
On 11th March we hosted an Open Classroom afternoon for prospective parents and students of our school in 2015. The afternoon was a tremendous success and I would like to thank the staff and students from Canobolas High School for their input to a very positive program. We will host another Open Classroom afternoon later in the year.

**Senior Parent Information Evening**
Thankyou to the parents and students who attended our Senior Parent Information evening on 11th March. We had in excess of 160 parents and students who were able to learn a little more about senior school and requirements for the HSC. We also had many guests from TAFE, University and employment organisations in attendance to answer many questions from our parents. We will continue to run information sessions throughout the year as required for our students and our parents.

**Buon Ricordo Restaurant**
On 18th March, our Hospitality students and staff hosted their term 1 restaurant, Buon Ricordo. What an amazing evening! We had about 80 guests who thoroughly enjoyed the wonderful three course meal prepared and delivered by our students. Mrs Howarth has promised to publish the recipes for Tuesday’s meal. I can highly recommend any of the meals as I was fortunate to taste all of the meals and drinks on the evening.

**Bullying No Way – National Day of Action**
This Friday, our school highlighted our ongoing Anti-Bullying program through the National Day of Action against Bullying. We ran a formal assembly to highlight strategies against bullying. Our school works hard to ensure that bullying is stamped out of every area within our school and we will continue to promote Anti-Bullying strategies for all of our students.

**Formal Assembly**
On 21st March, we held our Term 1 formal assembly where we were able to celebrate a range of achievements of our students throughout this term. It was great to see so many students receiving awards and I am extremely proud of their achievements. Congratulations to all of our Term 1 recipients and I look forward to more great achievements in term 2.
**Indigenous Parent Teacher Evening**

On 27th March at 5pm we will be hosting a parent information evening for our Indigenous families. Mr Bennett, our HT Aboriginal Education is coordinating this event. We would like to see all of our Indigenous families attend this session so we can provide further information to parents and students over the coming months.

**Make Online Payments**

It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website by selecting $ Make a payment.

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called Other this to cover items not covered in the previous headings, Other can be used to make a complete payment of a school invoice.

When you access the $ Make a payment you must enter:

- the students name, and
- class and reference number OR
- the students name, and
- date of birth.

These details are entered each time you make a payment as student information is not held within the payment system. There is also the option to enter the Student Registration Number and Invoice number if you are aware of them, these are optional fields.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed. Details of the payments are passed daily to the school where they will be receipted against your child’s account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office.

I hope you have a wonderful fortnight and I look forward to sharing further achievements with you in week 10.

With my warmest regards

Chad Bliss
Principal
Stage 4 Academically Talented Class starts next term!

From the start of Term 2, Canobolas High will have a Stage 4 (Years 7 and 8) Academically Talented Class established on the timetable. This class is designed for students who have academic talents and want to achieve at a high level in their education. Teachers on this class are specially trained to work with these students to encourage critical analysis, higher order thinking and co-operative team work. The class will have opportunities to have the curriculum extended and enriched for them and to work with like-minded students in an engaging learning environment. It is an exciting opportunity and this initiative will continue into Stage 5 next year.

Applications to join this class are due to the front office by Tuesday 25th March. If you have any questions about this class, please contact the school to speak with the Principal or one of the Deputy Principals.

Judith Bertolin

Deputy Principal Teacher Quality
We are now well into Week 8 and there is a lot of great news to share from the English Faculty.

**Year 11 Area of Study: Journey’s Assessment Task.**
Year 11 Standard and Advanced English classes have been working very hard on their Area of Study Assessment Tasks on Journeys. These portfolios are due in Week 9 and students are encouraged to submit drafts to their teacher for feedback before handing in a final copy.

Likewise, in Week 9, Year 11 Standard and Advanced students will complete an in-class creative composition on their Area of Study concept, Journeys. In preparation for this, it is suggested that students spend time to come up with at least 3 creative story ideas that they might be able to use on the day.

**Year 12 Big Day Out for English**
In 2014, HSC English students (Advanced and Standard) are being provided with the opportunity to attend the BIG DAY OUT FOR ENGLISH in Sydney to be held on Friday 9th May 2014. This year’s event is titled, Beyond the Selfie and will give students an experience of their English texts with the passion and deep knowledge of the writers, specially chosen professors, actors, theatre directors and film directors. The estimated cost of this excursion is $85.00 and students are asked to return the expression of interest note to Mr Williams as soon as possible.

**Year 7 Hendrix Poetry**
This fortnight’s edition of English Faculty News features some poetry from 8 Hendrix. Students in this class have been working on creating a poetry anthology. The students, whose work is published below, will receive a merit certificate and copy of the newsletter to take home.

**Poems by 8 Hendrix**

*Dread Mountain is deadly*  
Every jewel of the belt counts  
Living is the key  
To safety and victory  
Or the Shadow Lord will destroy  
Ready to fight side by side  
And complete the quest

Quick and agile  
Under and over  
Every step is dangerous  
Slaying Grey Guards is needed  
To triumph over the Shadow Lord

By Jesse Kelly
Dramatic, graceful
Active and moving
Never boring
Calm and
Exhausting at the same time

By Jada Murphy

Reading the Ruins of Gorlain
Apprentice learns the gift of a Ranger
Near to his death
Great knight like the father he never knew
Energetic, amazing, strong and hopeful
Ranger who has an uncanny ability to move unseen

By Skye Yates

Standard family man, sheltering all the animals like Noah
Teaching people about conservation
Enthusiastic and passionate about wildlife
Very talented with wildlife, especially the ones that kill
Every time he saw an injured animal he would take it in and save it
In words of his own: if it’s a single koala, croc, kangaroo mate, I’ll save it
Ruthless and willing to save an animal or entire species
Will die for an animal, even a tiny bush mouse
I will stay on the river, I just won’t stop
Never gives up on anything, he is a wildlife warrior

By Indi Harcombe

Nicholas Williams
English
Over the past two weeks our Year 11 and 12 Hospitality students have excelled when participating in a variety of events throughout the community and here at school.

**Bletchington Bash**
On Friday 7th March our Year 12 Hospitality: Food and Beverage students ran a dessert café named ‘The Sweet Tooth’ at Bletchington Public School’s ‘Bash’. Students prepared a wide variety of treats here at school, before serving them to members of the public in an outdoor café setting. Lemon meringue pies, chocolate mousse, caramel tarts, trifles, mini pavlovas and sticky date pudding all proved to be popular choices with the customers. All students worked extremely hard to make this event the success that it was and they are to commended on their efforts.

**Relay for Life**
A small but dedicated bunch of Year 11 Hospitality: Food and Beverage students gave up their weekend on the 8th and 9th of March to assist at the Orange Relay for Life. On Saturday students prepared platters and served guests at the annual Survivors and Carers afternoon tea. Our students received many compliments from the members of the general public in attendance on their personal presentation, smiling faces and fantastic service skills. Many students then backed up and assisted with the Teddy Bears Picnic early on Sunday morning. Here students ran activities such as colouring in, dancing, pancake decoration and paper teddy craft. Once again our students did a fantastic job and did both themselves and our school community proud.

**Canobolas Buon Ricordo Restaurant**
On Tuesday night, our Year 11 and 12 Hospitality students ran the first Canobolas Buon Ricordo restaurant of the year. Our Year 11 Commercial Cookery students planned and prepared the menu which consisted of pumpkin and feta vol-au-vents and lemon turkey lettuce cups for entree, roast beef with cranberry couscous salad and grilled chicken and vegetable stack for main, and for dessert an apple and berry crumble with homemade ice-cream and cookies and cream cheesecake were on offer. All dishes were prepared to a high standard and this is a credit to our Year 11 students who have only been participating in the Hospitality course for the past 7 weeks. Year 11 and 12 Food and Beverage students took care of the beverages, preparing a variety of mocktails and serving all guests which included members of our school P&C, e2 Principals and executives and members of our school community. It was a fantastic evening with lots of positive feedback from guests in attendance. Congratulations to all students involved in what was yet another successful sitting of our restaurant.

Ms Merryn Lynch
Relieving Head Teacher Home Economics
Bletchington Bash

Relay For Life
Buon Ricordo Restaurant
On Wednesday Mr Kay took four students to CSU Bathurst for the Robocup Junior Training Day. The students started learning about the software and hardware that are essential to completing the competition which will take place in June.

The students are entered in the Rescue section of the competition where they must follow a course and save a person (or in this case a can of soft drink) from an acid pit and return safely to the edge.

The students now return to school to build and refine their program before the challenge in June.

The four students involved in the 2014 Robocup for TRTHS are

- Cameron Rogers
- Sarah Samut-Hayter
- Harmon Whan
- Ellena Hicks

Mal Kay
Industrial Arts
This term, the Year 10 Industrial Technology - Timber classes have been working on a mantle clock project. The clock is a new project for the school and is so far achieving great outcomes for the students. The clock is being made from a hardwood known as 'Meranti' and it has a range of timber joints which require a broad range of woodworking skills. Students are focusing heavily on the fine details of all aspects of their clock project to ensure the highest quality finish. Students chose to modify the original plan and have now made design modifications to include a concealed drawer. This has allowed the inclusion of a finger jointing machine which is allowing students to easily create an impressive, professional looking drawer. The project has introduced the students to a range of uses for a router and to the benefits of using jigs to create multiple and accurate projects.

The motivation in the students has been remarkable and the results are going to be outstanding!! The photos show some of the clock projects in a few different stages of completion. Stay tuned for more photos as the clock progress further.

Andrew Hetherington
Industrial Arts
Week 8 has had a lot of musical happenings.

**Lunch Time Tunes**
Monday lunch saw the first ‘Lunch Time Tunes’ outdoor concert. Headlining this prestigious gig were those who impart knowledge – the staff band - KNOW DIRECTION.

Know Direction pulled the crowd with INXS and Cold Chisel - LOUDLY. Mr Hetherington shred the guitar through his brand new amp, while Mr Caulfield provided dulcet vocal tones along with playing rhythm guitar. Nick Tucknott graced the stage like a seasoned-professional to make Barnesy and Bryan Adams proud.

Mr Kay and Ms Hutchinson kept it steady and cool on bass and drumkit respectively. Miss Aldrick joined on keys for a song before the Year 12 students performed a couple of modern songs for the appreciative audience.

Chris Gogala, Hannah White and Larissa Churchill are congratulated on their performance.

We hope to make this a regular concert series each term, and feature different student performances at each gig.

**Schools Spectacular Audition**
The combined vocal group – VocE, have been rehearsing a song for our audition to be involved in the 2014 NSW Schools Spectacular. We recorded our audition piece Thursday of this week.

**Formal Assembly performance**
Canobolas Music students from all years are combining to perform a song with an anti-bullying message at Friday’s Assembly for the National Day of Action Against Bullying and Violence. Soloists include Hannah White and Larissa Churchill from Year 12, Ellena Hicks and Nabelia Smithers of Year 9, while Kyle Fardell and Sharon Jansen of Year 8 will accompany the group on guitars. The other singers are from a variety of year groups and have combined to rehearse the song through the week.

**Term 2 Excursion**
Canobolas Music students have received notes about the excursion next term to see the professional show, Strictly Ballroom the Musical featuring Thomas Lacey of Dance Academy fame. Please return notes and deposits to the front office ASAP.
There is a bustle of creative expression in the Art rooms as Year 12s work on their Major Works, and other Art and Photography classes explore different artistic techniques. Year 11 and 12 Art and Photo students travelled to Sydney on Thursday 20th to spend two days checking out the best 2013 HSC artworks in the annual Art Express exhibition. They also visited the Biennale Exhibition. Many Art students conveyed an anti-bullying message in their posters for the National Day of Action Against Bullying and Violence.

A new program, Pimp Up your Ride started this week. It runs Tuesday lunch times with Mr Caulfield. Students bring in old skate decks and scooters that have seen better days. They use this time to strip them back, repaint and reinvigorate them with their own designs.

LOTE (Languages Other Than English) classes have been learning about culture, body language, sign language and the Wiradjuri language. A group of Year 8 students from a number of classes combined to sign the National Anthem in official AUSLAN sign language at Friday’s Formal Assembly.

The Japanese Exchange visit was a great success. Our students enjoyed learning about Japanese culture, while the Japanese students enjoyed the Australian experience. If anyone is interested in hosting a Japanese student next year, please contact the school. It is a rewarding experience for all involved.
SPORT, SPORT and MORE SPORT
Term 2 Sport Choices

### Yr 9&10

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<td>Year 10 Futsal – PCYC</td>
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<td>Year 9 Ten Pin Bowling</td>
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<td>Year 10 Ten Pin Bowling</td>
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<td>Dance</td>
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### Year 8 Sport A and B

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CHS Girls Basketball
Friday 7th March saw the first round of CHS girls Basketball games take place at Orange PCYC. The girls team, quite unchanged from last year undertook some gruelling training in the lead up to the day under their new coach, Tristan Harrison. These sessions appeared to instill a new found confidence in the girls and their skills, following on to great positivity and team work on the court.

The day began with a game against Oberon. A physically tough game, but the girls had what it takes to get the baskets and walked away with a rather convincing win. They went into their second game against Cowra feeling confident, and whilst not as convincing a win, the girls came home with the goods once again.

Game three was always going to be a tough one – mentally and physically. Bathurst High were indeed a challenge, but the girls rose to the occasion and fought until the very end – although unsuccessful. The final challenge for the day saw us take on Orange High, the closest match up we’d had all day. While we weren’t fortunate enough to take that one out, we still progress to the next round which is to be held in Term 2.

The girls remain optimistic and excited and have opted to continue their intense training before school on Friday mornings! Let’s hope their dedication and enthusiasm will bring them continued success.

Special mentions to Tanatswa Kudinha who was by far the most consistent on the court; Kirstin and Rhianna McIntyre who displayed outstanding skills and sportsmanship even when things didn’t go their way and Taylor Taufa who showed great defensive skills and put her body on the line several times!

Girls Football
Last Friday, a team of 14 enthusiastic and eager girls took to our football field, on a mission to beat Blayney High School in the first round of the knockout competition. After some big changes to the line-up in comparison to 2013, there was some apprehension in regards to the way the game would go. After a couple of brief training sessions, the new team were starting to gel together and show some great promise. Great leadership skills were observed amongst the more experienced members of the team, taking the newcomers under their wing and showing them the ropes. It was a thriller of a match with both teams quite evenly matched and some very unlucky attempts at goal early on from both the green and maroon. Rookie Rhianna McIntyre put through a cheeky right footer which slid into the bottom right corner of the goal to put Canobolas in the lead with about 10 minutes to go. The cheers of the home team supporters were very quickly dimmed by a quick goal by the Blayney girls as we headed into the half time break 1-1.

Early into the second half, Blayney scored another goal. However the girls did not hang their heads in shame. Instead, they stepped up and kicked into second gear, showing great defence, team work and communication. With five minutes to go, Maddie Gogala sent a ball flying from half way only to be converted into a successful goal by Emily Melnik. Scores were tied 2-2. It looked to be a repeat of the beginning of the 2012 season. We were going into extra time.
The nail-biter continued and after what seemed to be five very quick minutes of extra time each way, the scores were still locked. It was penalty shoot-out time. We'd been here before, only two years earlier when we crumbled under the pressure, but this time we knew better! Our first two attempts were unsuccessful, matched by 1 from 2 for Blayney. Maddie Gogala stepped up in third place and cool, calm and collected neatly placed it right where it counted! Blayney couldn’t follow suit. Ash Fiene then sent her ball into the top left corner to bring us the win!

Other special mentions go out to Sara-Grace Turner who displayed great sportsmanship and skill under pressure and Erin Naden who excelled whilst being the youngest on the field. Congratulations to all team members and a HUGE thank you to all our Canobolas family and friends who ventured out to support us on the day!

We progress through to Round 2 against Kelso next week!

**Touch Football**

On Monday March 10, the Open Boys and Girls touch football teams travelled to Bathurst for the first round of the regional knockout against Bathurst High School.

The boys played a strong game from the first whistle. Tyrone Scaramella-Rowe, Kyle Lewis and Dale Jones worked tirelessly in the middle, consistently driving hard and making ground every set. Some fantastic defense was produced from Jayden King, Joey Mateo and Matt Gillette. Mitch Stanley worked hard in attack, while Brodie O’Neill-Mason was focused on the trip to McDonalds after the game so as to combat the heat. Overall Canobolas were again too strong with Brodie Christopherson, Les Palmyre and Tyrone Scaramella-Rowe crossing for tries and Will Christopherson crossing for a double. Congratulations to the boys for their fantastic sportsmanship, and finishing the day with a 5-2 win.

For the first game of the season the girls linked well as a team and played an exciting game of Touch Football. The girls came out hard and fast, scoring within the first couple of minutes. But Bathurst High didn’t give up and closely followed with a try. The girls had to work hard, as it was a close game going try for try. However, the girls proved to be too skillful and fast in the middle, coming away with a victory 8-7. Canobolas displayed some classy tries with Nailani Lang scooting through to put Kyiesha Dixon over the line twice. Brienne Wise and Erin Naden displayed some fancy footage to cross the line, and the speedster’s Emily Melnik, Nailani Lang, Kalika Fuller and Samantha Coppock all managed put some points on the board. Congratulations girls on the victory and the excellent sportsmanship and behaviour you displayed on the day.

Next round will see Canobolas hosting Orange High, which is assured to be quite a tough competition. Good luck to all girls and boys involved.

**Touch Football selections**

Congratulations to the following students who participated in trials to compete in the CHS carnival in Newcastle on the 3rd and 4th of May. The trials were held in Bathurst on Sunday 16 March, and all Canobolas students nominated were selected for their respective teams. Congratulations to Will Christopherson, Dale Jones, Tyrone Scaramella-Rowe, Dion Jones, Callan Naden for making the boy’s team, and Kalika Fuller, Nailani Lang, Erin Naden, Brienne Wise and Kyiesha Dixon for making the girl’s team.
Western District Swimming Carnival
Results from Western District Swimming Carnival (6.3.14)

Lachlan Baker swam a personal best in his 50m freestyle and came 10th overall in the 15 years boys division.

Jacinta Percival swam in the 15 years girls division and came 15th overall in her 100m (1.25.55) and 50m (37.57) freestyle events - slightly slower than the time she swam at school but faster than last year at Western. In her 100m breaststroke (1.52.48) she was off the ball compared to her school time, but came 9th which was a big improvement from last year. In her 100m backstroke (1.37.80) she got a personal best time and came 7th, which again was an improvement from last year.

Dyson Percival had a bit more competition this year in the 13 years boys division and unfortunately started the day with being disqualified from his 100m butterfly. He then competed in his 100m (1.17.84 - personal best time for this year but slower than his State time from last year) and 50m (33.71 - slower time than his school time but faster than his state time) freestyle events and came 4th in both of these. His last event for the day was 100m backstroke and he powered along getting a personal best time of 1.29.33 (6 seconds faster than at school and also faster than his state time from last year), just missed out on getting 2nd, came in 3rd and has been invited to compete at state level in April due to his good swimming time.

Open Boys Basketball Report
The Open Boys Basketball team went through Round 1 of the WSSA basketball competition UNDEFEATED!

A solid start against Bathurst High allowed the boys to weather a shaky period in the third quarter to come away with an important win. Despite the 39-27 victory, this game proved to be the only real challenge of the day. The team faced a physical Cowra High side next, but their experience and skill was too much for the opposition, with Canobolas running away 47-16. Great team work and attempted ally-oops from Matt Gray to Kuol Kuol were definitely the highlight of the game. The final game of the day was against Orange High. Orange High stayed with Canobolas for the first quarter, but a switch in defense worked, restricting Orange High’s scoring opportunities and providing Canobolas with easy transition baskets. Canobolas won comfortably in the end 51-36.

The team will compete in the WSSA finals early next term. Additionally, Chris Gogala, Andrew Gray and Kuol Kuol were selected in the WSSA Boys Basketball team to compete at the State CHS competition in April.

Softball

On Thursday the 13th March, the Canobolas Open Boys Softball team had an early start to travel to Mudgee for the regional knockout tournament.

The first game of the day was against Mudgee High School. Aiden Kelly produced some brilliant pitching, with Mac Reith-Snare showing some fine form catching. While the boys were a bit slow to start, there were some fantastic moments, particularly a diving catch in the outfield by Luke Wilde. Unfortunately, Mudgee produced some quality play and held their own to take the game 7 runs to 4.

After having the bye for the second round, next was a social, cross-pool game against Yeoval High School. The boys started with Max and Harry Pearce taking on the pitching and catching roles respectively. Trent Wilde also produced some quality pitching. Unfortunately our form did not last, and Yeoval crawled their way back to take the game.

The boys saved face for the day when it came time to play Orange High. The formidable combination of Aiden Kelly and Mac Reith-Snare returned and made short work of the Orange High first innings. When it came time for us to bat, some inconsistent pitching from OHS saw runs start to appear on the board. Will Christopherson and Nathan Neuenhaus found the drive to score homrers with soft-serve ice cream offered as an incentive. Brad Roberts dominated at first base, while Callan Naden showed some form batting and James Gogala was strong in the outfield. Georgia Kiel also volunteered to umpire on the day and did a great job – Thank you Georgia!

At the end of the knockout, trials were held for the WSSA team selection, where Canobolas’ Aiden Kelly and Mac Reith-Snare made the final team. Congratulations and best of luck to you both for the CHS carnival.

Congratulations to all the boys who represented the school well and showed great sportsmanship throughout the day. Thank you to family members who made the trip to take the boys and support them throughout the day, and an extra thank you to Geoff Kelly for coaching, and Justene Priest who scored for all the games.

Congratulations also to Maddy Gogala, who recently competed in the CHS Girls Softball Carnival with the Western team, a consistent representative of the sport.

Also on the day, Mac Reith-Snare and Aiden Kelly were selected to officiate at the SSA Championships for Girls Softball, held in Week 7. Fantastic effort!

**IMPORTANT: IF YOU DON’T BRING YOUR NOTE AND MONEY BACK TO THE OFFICE BY THE DUE DATE YOU WILL NOT BE ALLOWED TO ATTEND THE EXCURSION. NO LATE NOTES ACCEPTED.**
**Ski Trip**

**Where**: NSW Snowy Mountains (Perisher)

**When**: 13-8-13 returning 15-8-13 (Week 5 Term 3)

**Cost**: $520.00 includes breakfasts, lunches and evening meals, accommodation, transport, national park entry and lift tickets/lessons and hire of all ski equipment, compulsory helmet and clothing.

Snow boarding rather than skiing is an option for an extra $30. Please contact Mr Skein if you are intending on snowboarding for the 2 days.

For more information about the resort and the accommodation you can check out:


**What to do next**

1. Discuss it with your friends in your class and your parents and decide if you would like to come along.
2. See Mr Skein for a permission note to return to the office with a deposit ASAP to secure your place. If you wish to set up a payment plan for the trip please contact the school.

Further information about the excursion and what to bring will be included in a letter when final payment has been made.

**Athletics Carnival 10th April**

On Thursday the 10th of April Canobolas High School will compete in its annual Athletics Carnival held on the school grounds. Many PDHPE classes have been busy preparing the students for the day with lessons refining their technique and learning about the safety aspects of each of the events.

The grounds are being prepared and marked in anticipation of the big day.

**Girri Girri**

On Monday Girri Girri are off to the Elders Olympics notes to the office.
**PDHPE Assessment Reminders**

Many of the PDHPE classes across the years are currently working on assessable items both in class and at home.

A reminder that if your child does not complete an assessment task and hand it on time for marking, it will affect the overall grade they are awarded for PDHPE. This grade also has a practical effort, attitude and participation mark for lessons where students participate in practical games, sports and various physical activities. Please note that this component of the course is compulsory and students may only be excused from these classes with a medical note during the time of injury recovery.

A reminder to Year 7 students that your assignments are now overdue. You may be excluded from practical classes until you complete the set task. Please hand your newspaper article to your PDHPE teacher as soon as possible.

Current PDHPE Tasks

<table>
<thead>
<tr>
<th>Task</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yr 7 PDHPE Sense of Self Newspaper Task</td>
<td>OVERDUE</td>
</tr>
<tr>
<td>Yr 8 PDHPE Study First Aid for upcoming test</td>
<td>End of term</td>
</tr>
<tr>
<td>Yr 9 PDHPE Mental Health Task</td>
<td>April 4</td>
</tr>
<tr>
<td>Yr 10 PDHPE Smart Party Plan</td>
<td>April 7</td>
</tr>
<tr>
<td>Yr 11 PDHPE Sport Guide</td>
<td>March 5</td>
</tr>
<tr>
<td>Yr 12 PDHPE Core 2 Performance Booklet</td>
<td>OVERDUE</td>
</tr>
<tr>
<td>Yr 9 Dance Technique Performance Analysis</td>
<td>April 8</td>
</tr>
<tr>
<td>Yr 10 Dance Jazz Dance- Bob Fosse</td>
<td>March 25</td>
</tr>
<tr>
<td>Yr 11 Dance Core Performance</td>
<td>April 10</td>
</tr>
</tbody>
</table>

*Please check the table above for your class- just about every PDHPE student should have a task or study to do.*

**Regional Sport Trials**

If students are interested in trialling for Western Region Sports Teams this term please see the PDHPE staff for more details. Please note that these parents would be expected to transport their child to the majority of these trials if students choose to attend. The details of the up and coming trials are below.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>TRIAL DATE</th>
<th>CLOSING DATE</th>
<th>VENUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hockey – Open Boys</td>
<td>2nd April</td>
<td>TBC</td>
<td>Dubbo</td>
</tr>
<tr>
<td>Hockey – Open girls</td>
<td>28th Feb</td>
<td>17th Feb</td>
<td>Molong</td>
</tr>
<tr>
<td>Lawn Bowls</td>
<td>9th April</td>
<td>TBC</td>
<td>Parkes</td>
</tr>
<tr>
<td>Netball</td>
<td>14th March</td>
<td>20th March</td>
<td>Orange</td>
</tr>
<tr>
<td>Rugby League</td>
<td>10th April</td>
<td>24th March</td>
<td>Peak Hill</td>
</tr>
<tr>
<td>Rugby Union</td>
<td>4th April</td>
<td>26th March</td>
<td>Parkes</td>
</tr>
</tbody>
</table>

Mr Skein
Head Teacher PDHPE
Our school is taking a stand against Bullying and Violence

Our school has registered to be part of the 2014 National Day of Action against Bullying and Violence, being held nationwide on Friday, 21st March.

The National Day of Actions again Bullying and Violence (National Day of Action) is Australia’s key anti-bullying event for schools. It’s a day where school communities across Australia ‘take a stand together’ against bullying and violence.

The Canobolas Rural Technology High School is dedicated to creating supportive school environments, free from bullying, harassment and violence. By working together we are sending a clear message to young people that bullying and violence, in or outside of school, are not okay at any time.

We have a number of programs and initiatives in place to counter bullying. These include:

- A special School Formal assembly to be held on the day.
- Poster, Art and Writing competitions—(winners to be announced at the assembly)
- A wall art mural of Hand Prints where students can write messages of support and comments about bullying.

And much much more.

The National Day of Action is an initiative of all Australian education ministers and is coordinated by the Safe and Supportive School Communities (SSSC) Working Group, with the representatives from all Australian educational authorities.

The SSSC is also responsible for the Bullying. No Way! Website which offers practical resources and information to help schools, parents and students counter bullying, harassment and violence.

Also available on the site is the Take a Stand app for Android, iPhone and iPad, to keep tips and advice on dealing with bullying close at hand, as well as the Allen Adventure iPad app, designed for children under 8 years.

Download these free apps now in the student’s section of www.bullyingnoway.gov.au

We will keep you informed about our plans and activities to celebrate the National Day of Action against Bullying and Violence on Friday, 21st March 2014.

Ms. G Lindsay
HT Welfare
NOTICES

ATTENTION

Now that we are in Week 8, it is expected that all students have the necessary equipment for all their classes.

All students should have:
- Books
- Pens (Blue, Black, and Red) / Pencils
- A ruler (metal rulers are banned)
- Scientific Calculator (can be purchased from the Front Office)

Checking of equipment in classes will soon begin, so students please be prepared for these checks. Parents and Carers please ensure your child has all the equipment they need.
If you need assistance, please don’t hesitate to contact the school on 6362 1677.

Orange Waratahs

Players are still required to fill teams in Under 13’s and Under 15’s. Other age groups have limited spaces available.

If you are still interested in registering with Orange Waratahs please contact Jo Sinclair on 6362 0804 or email: Joanne.sinclair@bigpond.com
WANT TO PLAY AFL?
ORANGE TIGERS ARE NOW TAKING REGISTRATIONS FOR THIS SEASON
TRAINING THURSDAYS 4.30 AT ORANGE EX SERVICES COUNTRY CLUB OVAL FOR UNDER 12’S AND UNDER 15’S
6.30 FOR UNDER 18’S AND SENIORS
FOR MORE INFO GO TO www.orangetigersafl.com.au

OR CALL
NATHAN under 12’s  Coach 0421 504 094
SCOTT under 15’s Coach 0419 248 569
KASS Registrar 0413 655 132
April school holidays are almost here.
Time to book into Vacation Care!
Will you be needing care for your school aged child
during the holidays?

Orange City Council’s Vacation Care will be operating from Monday 14 April 2014 to Thursday 17 April, then from Tuesday 22 April 2014 to Thursday 24 April 2014 at Caiare Public School Hall, (closed over Easter and on Anzac day). We will also be providing care for the pupil free day on Monday 28 April 2014.

Bookings for Vacation Care and the pupil free day will open from Monday 24 March to Friday 11 April 2014 from 11.00am to 4.00pm only, at the Community Information and Services Centre, 79-81 Kite Street, Orange. Bookings are limited!!

Full payment must be made at time of booking.

For more information about bookings for Vacation Care, please call 63938600 or email mstanford@orange.nsw.gov.au
CALLING ALL KIDS AND ADULTS!
If you have ever wanted to play Hockey then come and join the Canobolas Hockey Club. If you have played hockey before and want to get back into playing, Awesome! If you haven't played before that's also great as we can teach you how to play the great game of Hockey.

Hockey is a game for all ages with many parents and kids playing in the same teams together. It is great for keeping fit and active.

The Orange Hockey season runs from March to September.

DON'T PUT IT OFF - JUST DO IT.

Contact:
Tammy Wilson (President) mbl: 0409 783 559
Jo Stephens (Treasurer) mbl: 0409 245 189
Or check out our web page
http://www.canobolashockeyclub.com/#
Or our Facebook page: Canobolas Hockey Club
YOUTH WEEK
4-13TH APRIL 2014

www.Youthweek.nsw.gov.au

EVENTS IN ORANGE

FRIDAY 4TH APRIL
Multi Day @ local High Schools as fundraiser for Ronald McDonald House

SATURDAY 5TH APRIL
‘BIG AIR SCHOOL—ROLLING TOUR’
12pm @ Anson Street Skate Park
**FREE EVENT**

TUESDAY 8TH APRIL
YOUTH WEEK FUN DAY & BBQ
3-6pm @ North Court
**FREE EVENT**

FRIDAY 11TH APRIL
Art Show & Photo Competition
4-7pm @ Orange City Library
**FREE EVENT**

SATURDAY 12TH APRIL
YOUTH WEEK GALA
7-10pm @ Orange Ex-Services Club
Tickets $15—available from Youth Connections 0361 5061

For more Information go to:
Orange Connections
Orange City Life
YOUTH WEEK FUN DAY

When: Tuesday 8th April 2014
Time: 3pm – 6pm
Location: North Court (Behind the library)

Photo Booth
Rock Climbing
Bouncy Boxing

Come along for a fun afternoon and celebrate Youth week in Orange.

NATIONAL YOUTH WEEK
OUR VOICE OUR IMPACT
Youth Week Gala Night

DJ Dance Party
Dinner + Refreshments
Awards + Prizes
Free Photo Booth

12th April
Orange Ex Serviceman’s Club 7-10pm.
Tickets:$15.00
NO PASS OUTS
Drug & Alcohol FREE event
Contact: Youth Connections 63613061
Youth Week 2014 “Our Voice, Our Impact”

Celebrating Youth Achievements - Orange and Surrounds

Nomination Form

In celebrating Young People’s achievements and triumphs, this year’s Orange Youth Week committee are calling for nominations of outstanding contributions, achievements and personal development of young individuals from within the Orange and surrounding communities.

Nominations will be accepted from family, friends, schools, workplaces and organisations.

Winners will be announced at the Orange Youth Week Gala, 12th April 2014.

Nominations Close 5pm 7th April 2014.

Nominations to:

Email: youthconnections@octec.org.au
Post: OCTEC Youth Connections PO Box 1566 Orange 2800
In Person: OCTEC Limited Old Town Hall 247 Anson Street Orange
Phone: Katrina Hausla: 0413 392 166

Terms and Conditions:

- Nominated young people must be between 11-24 years of age to be eligible to enter.
- Nominated young people will receive a Nomination Certificate, please include the nominated young person’s details in full to ensure that they receive recognition for their efforts.
- Multiple category nominations will require separate nomination forms.
- Nominations will be judged by a panel of Orange Youth Week planning committee members. Judges decision will be final.
- Winners from each category will be contacted by phone prior to the Youth Week Gala Event.
- Nominations close 7th April 5pm. No late entries will be accepted.
Youth Week 2014 “Our Voice, Our Impact”
Celebrating Youth Achievements – Orange and Surrounds
Nomination Form

Nominated Young Person’s Details:

Full Name: Date of Birth:
Contact Phone Number: Email Address:
Postal Address:

Please select one of the following categories:
- Academic Achievement
- Sporting Achievement
- Artistic Achievement
- Valued Employee
- Community Spirit
- Volunteer Excellence
- Personal Achievement

Brief description of young person (100 Words Max)

The reason for the nomination (300 Words Max)

Please attach supporting documentation if required.

Nominators Details:

Full Name: Contact Phone:

Relationship to nominated young person:
Sports Taping Courses in Orange

Sports taping is an important skill for coaches, trainers, administrators, teachers, parents and players involved in sport.

This sports taping workshop will develop your skills and knowledge to ensure you stay safe in the sporting area. Correct sports taping can help prevent injury and also help with injury rehabilitation.

Level One
Covering the beginner technical and practical advice about strapping athletes. You will learn to tape wrists, ankles, fingers and thumbs.

Level Two
Level One is a prerequisite for this course. This course provides participant with advanced techniques for the shoulder, elbow, wrist, Achilles tendon, knee, shin and soft tissue injuries – hamstrings and quadriceps.

Participants receive a certificate of attainment upon successful completion of each course.

WHEN: 6pm - 9pm

<table>
<thead>
<tr>
<th>DATE</th>
<th>LEVEL 1</th>
<th>LEVEL 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 31st March 2014</td>
<td>Tues 1st April 2014</td>
<td></td>
</tr>
<tr>
<td>Mon 28th April 2014</td>
<td>Tues 29th April 2014</td>
<td></td>
</tr>
</tbody>
</table>

WHERE: Sport and Recreation Office, 76 McNamara St, Orange

COST: $60/level

HOW TO ENROL:
- Phone: 6362 6623
- Fax: 6362 3264
- Complete enrolment form, then post to PO Box 381, Orange

You only need to attend one night for each level.
School Holiday Clinics

Hey mums & dads,

Are you looking for some great fun activities for your children to be involved in these April School holidays? AFL NSW/ACT will be running a school holiday clinic for boys and girls aged 4-12.

Bathurst: Mon Apr 14 - George Park, Browning Street – 10:00am-12:00pm
Orange: Mon Apr 14 – Jack Brabham Park – 2:00-4:00pm
Young: Tue Apr 15 – Burrangong Oval, Burrangong Hall Road – 10:00am-12:00pm
Cowra: Tue Apr 15 – River Park, Vaux Street – 2:00-4:00pm
Forbes: Wed Apr 16 – South Circle Oval, King Street – 10:00am-12:00pm
Parkes: Wed Apr 16 - Cheney Park, Station Street – 2:00-4:00pm
Dubbo: Wed Apr 23 – South Dubbo Oval, Boundary Road – 10:00am-12:00pm
Mudgee: Wed Apr 23 – Victoria Park, Perry Street – 2:00-4:00pm

* Venues subject to availability

COST: $30 includes a NAB AFL Auskick School Auskick bag with synthetic Sherrin football PLUS a drink/snack

Register by April 7, but pay on the day. To register, go to: www.aflcentralwest.com.au and complete the short online registration. It's that easy!

No previous AFL experience required – just the willingness to have heaps and heaps of fun.

For more information, contact Kelsey Smith on 0417 808 645 or kelsey.smith.aflcentralwest@gmail.com.
NOTIFICATION OF HEAD LICE

Dear Parents/Carers

We have become aware that a small number of students in our school have been infested with head lice. As this issue can spread very quickly we ask that you please carefully check your children’s hair and treat head lice or eggs as soon as possible.

For best advice with regard to the treatment of head lice and their eggs, please talk to your pharmacist or family doctor. For NSW Health Methods please visit http://www.health.nsw.gov.au/publichealth/environment/headlice/treatment.asp

Further Information is available on the NSW Health Website through the website above or the Department’s website which is http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/headlice/index.php.

Thanks for your co-operation and assistance in this matter.

C Bliss
Principal